

Minutes of the Board of Studies Meeting held on September 25, 2023

A meeting of the Board of Studies is convened and following members have attended the meeting are as under:

Board of Studies members of the School are:

- 1. Prof. Shweta Anand Chair & Dean, SOBSC
- 2. Dr. Chandrashekhar Paswan Head & Assistant Professor, SOBSC
- 3. Dr. Chintala Venkata Sivasai Assistant Professor, SOBSC  
(Internal Expert)
- 4. Prof. Indra Narain Singh Professor, Department of Buddhist Studies, DU  
(External Expert)

Special Invitees are:

- 5. Dr. Gyanaditya Shakya, Course Development Coordinator
- 6. Dr. Arvind Kumar Singh
- 7. Dr. Priyadarsini Mitra
- 8. Dr. Manish T. Meshram
- 9. Mr. Vikram Singh Yadav

The Board of Studies Meeting under clause 1.3 Clause of the University Ordinance and subsequent approval of the competent authority is held on September 25, 2023 in the Room No. 104 at 10:30 AM onwards to discuss and deliberate upon the revised draft proposal B. A. (Hons.) with Research in Buddhist Studies as per the guidelines of NEP-2020. The agenda of the Board of Studies are:

- 1. The revised draft as per the suggestions of the Board of Studies Meeting held on December 15, 2023 Curriculum and Credit Framework of Undergraduate Programmes (FYUP) under NEP-2020 for BA (Hons.) with Research in Buddhist Studies submitted for consideration and necessary approval with modifications if any.
- 2. Any other issue with the permission of the Chair.

As per the approval of the said meeting of Board of Studies, a meeting was scheduled for September 25, 2023 and the members of the Board of Studies of School of Buddhist Studies and Civilization have attended the meeting. The agenda point 1 of the meeting is put up before the Board Members and after due deliberations and discussions above mentioned Draft Curriculum and Credit Framework of Undergraduate Programmes (FYUP) under NEP-2020 for BA (Hons.) with Research in Buddhist Studies has been unanimously duly approved.

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External Expert

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Internal Expert

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Head, SOBSC  
Head

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Dean, SOBSC  
Dean

School of Buddhist Studies and Civilization  
Gautam Buddha University Greater Noida  
Gautam Buddha Nagar (U.P.)-201312

School of Buddhist Studies & Civilization  
Gautam Buddha University  
Gautam Budh Nagar (U.P.)-201312

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(Dr. Arvind K. S)

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Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)

# Gautam Buddha University, Greater Noida Gautam Buddha Nagar (U.P.)



## Bachelor of Arts (Hons.) in Buddhist Studies Detailed Syllabus

**Course started from session: 2023-2024**

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*Dr. Anand*  
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*Dr. Manish*  
*25/9/2023*

*Dr. Manish*  
*25/9/2023*

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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies**  
**(Effective from Academic Session 2023-2024)**  
**Programme Structure [NEP 2020]**  
**Bachelor of Arts (Hons.) in Buddhist Studies**

Semester I			
<b>Discipline Specific Core Course [DSC]</b>			
DSC 01	BSU 101	Pre-Buddhist India	5
DSC 02	BSU 103	Basic Teachings of Buddhism	5
<b>Ability Enhancement Courses [AEC]</b>			
AECC 01	EN 105	Communicative English	3
<b>Skill Enhancement Course</b>			
Sec 01		IT and Application I	3
<b>Value Addition Courses [VAC]</b>			
VCA 01	BSU 105	Ethics in Indian Religious Traditions	2
VAC 02	BSU 107	Human Values and Buddhist Ethics	2
<b>Total Credits</b>			<b>20</b>

Semester II			
<b>Discipline Specific Core Course [DSC]</b>			
DSC 03	BSU 102	An Outline of Pali Tipitaka Literature	5
DSC 04	BSU 104	History of Buddhism till Decline of Mauryas	5
<b>Ability Enhancement Courses [AEC]</b>			
AEC 02	ES 101	Environmental Studies	4
<b>Skill Enhancement Course</b>			
Sec 01	BSU 106	Buddhist Tourism and Heritage	3
		Interdisciplinary from Other Stream	
<b>Value Addition Courses [VAC] One to be selected</b>			
VAC 03	BSU 108	Introduction to Indian Philosophy	2
	BSU 110	Introduction to Tibetan Buddhism	
<b>Total Credits</b>			<b>20</b>

Semester III			
<b>Discipline Specific Core Course [DSC]</b>			
DSC 05	BSU 201	Elementary Pali Course	5
DSC 06	BSU 203	History of Buddhism from Kushan to Harsha Period	5
DSC 07	BSU 205	Introduction to Mahayana Philosophy	5
<b>Generic Elective [GEC] One to Selected</b>			
GEC 01	BSU 207	Introduction to Pali Language and Literature	3
	BSU 209	Dr. B.R. Ambedkar and Navayana Buddhism	
<b>Value Addition Courses [VAC]</b>			
VAC 04	BSU 211	Buddhist Political Ethics	2
<b>Total Credits</b>			<b>20</b>

Semester IV			
<b>Discipline Specific Core Course [DSC]</b>			
DSC 08	BSU 202	Selected Discourses from the Vinayapitaka	5
DSC 09	BSU 204	Buddhist Art and Architecture	5
DSC 10	BSU 206	Spread of Buddhism in East Asia	5
<b>Generic Elective [GEC] One to Selected</b>			
GEC 02	BSU 208	Introduction to Buddhist Philosophy	3
	BSU 210	Ashoka's Contribution to Buddhism	
		Interdisciplinary from Other Stream	
<b>Value Addition Courses [VAC]</b>			
VAC 05	BSU 212	Buddhist Economic Thoughts	2
<b>Total Credits</b>			<b>20</b>

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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
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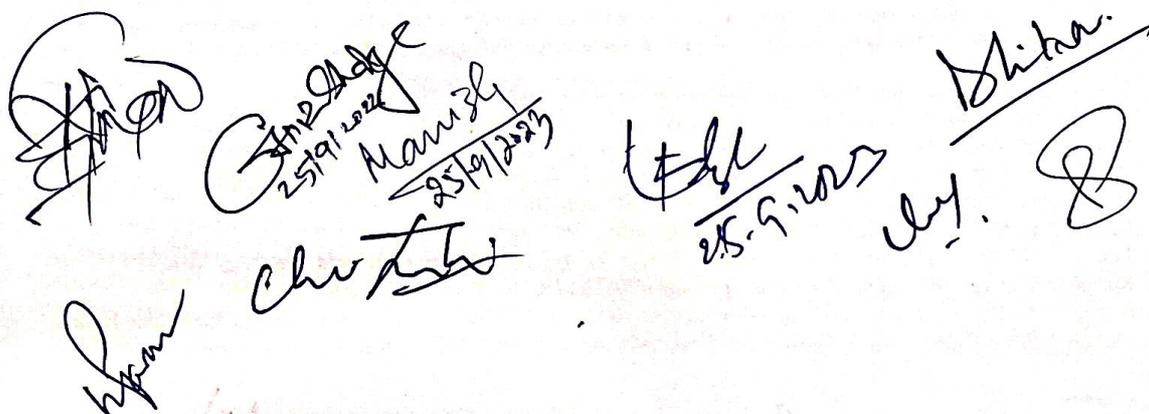
Semester V			
<b>Discipline Specific Core Course [DSC]</b>			
DSC 11	BSU 301	Selected Discourses from the Suttapitaka	6
DSC 12	BSU 303	Introduction to Sarvastivada and Mahayana Literature	6
<b>Discipline Specific Elective Course [DSE] One to be Selected</b>			
DSE 13	BSU 305	Introduction to Buddhist Psychology	5
	BSU 307	Non-Canonical Literature	
	BSU 309	An Overview of Buddhist Education System	
<b>Generic Elective Course [GEC] One to Selected</b>			
GEC 03	BSU 311	Buddhist Meditation and Yoga	3
	BSU 313	Introduction to Buddhist Logic and Epistemology	
		Interdisciplinary from Other Stream	
<b>Total Credits</b>			<b>20</b>

Semester VI			
<b>Discipline Specific Core Course [DSC]</b>			
DSC 14	BSU 302	Introduction to Early Abhidhammic Texts	6
DSC 15	BSU 304	Advanced Pāli Course	6
<b>Discipline Specific Elective Course [DSE] One to be Selected</b>			
DSE 16	BSU 306	Socially Engaged Buddhism	5
	BSU 308	The Great Philosophers of Buddhism	
<b>Generic Elective Course [GEC] One to Selected</b>			
GEC 04	BSU 310	Comparative Study of Religions	3
	BSU 312	Buddhism and Western Philosophy	
		Interdisciplinary from Other Stream	
<b>Total Credits</b>			<b>20</b>

**Fourth Year Degree with Research Programme Structure**

Semester VII			
<b>Discipline Specific Elective Course [DSE] One to be Selected</b>			
DSC 17	BSU 401	Research Methodology	4
	BSU 403	Research Paper/Book Review (Practical)	4
	BSU 405	Project (Practical)	12
<b>Total Credits</b>			<b>20</b>

Semester VIII			
<b>Discipline Specific Elective Course [DSE] One to be Selected</b>			
DSC 17	BSU 402	Dissertation	12
(Thesis/ Internship)	BSU 404	Viva Voce (Presentation and Discussions)	8
<b>Total Credits</b>			<b>20</b>


  
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Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)

**Semester I**

Course Code: BSU101  
Course Name: Pre-Buddhist India  
Credits: 4L+1T

**Course Objective:**

- The paper intends to provide an extensive survey of early Indian history to the students and familiarize them with the tools for studying ancient Indian history and a point of beginning from where they can build an understanding of the discipline of history. Spanning a very long period of India's ancient past – from pre-historic times to the emergence of Mahajanapadas in India, the course dwells upon major landmarks of ancient Indian history from the beginning of early human hunter-gatherers to food producers.

**Learning Outcomes:**

After completing the course the students will be able to understand:

- The geographical conditions of Indian subcontinent and their impact on the making of India's history
- Main features of prehistoric and proto-historic cultures
- The sources and evidence for reconstructing the history of Ancient India
- Origins, main characteristics and decline of Harappan Civilization
- Various aspects of society, economy, polity and religious practices that are reflected in the Vedic texts.
- Historical Development till rise of Mahajanapadas

**Unit 1: Understanding the Geographical condition of Indian Sub-continent, Prehistoric age and Sources**

History and its relation with geographical condition of Indian Sub-continent, the Indian subcontinent: landscapes and environments, Introduction and main characteristics of Paleolithic, Mesolithic & Neolithic culture, Sources of historical reconstruction (up to 600 BCE); archaeological and literary sources: classification, importance and limitations

**Unit 2: The Harappan civilization**

Introduction, Origins, Expansion & various sites, settlement patterns and town planning; agrarian base; craft production and trade; social and political organization; religious beliefs and practices; art & artifacts; seals & script; the problem of urban decline and the late/post-Harappan traditions

**Unit 3: Vedic Age**

Sources, Aryan and Aryan Invasion Theory, Settlement patterns, Political, Social & Religious condition of Early Vedic age and Later Vedic age

**Unit 4: India at the emergence of Buddhism**

Emergence of time of Mahajanapadas, Second Urbanization

**Suggested Readings:**

- Arunachalam, B. (2013). "Geography and Environment" in *Prehistory of India, A Comprehensive History of India*, vol. 1, Part 1. New Delhi: Manohar Publishers.
- Singh, Upinder. (2008). *A History of Ancient and Early Medieval India: From the Stone Age to the 12th Century*. Delhi: Pearson Longman.
- Thapar, Romila. (2013). *The Past Before Us; Historical Traditions of Early India*, Delhi: Permanent Black, Part 1
- Chakrabarti, D.K. (1999). *India: An archaeological History, Palaeolithic Beginnings to Early Historic Foundations*. Delhi: Oxford University Press.
- Lahiri, Nayanjot, ed. (2000). *The Decline and Fall of the Indus Civilization*, Delhi: Permanent Black.
- Sharma, R.S. (1996). *Aspects of Political Ideas and Institutions in Ancient India*. Delhi: Motilal Banarsidas.
- Sharma, R.S. (1983). *Material Culture and Social Formations in Ancient India*, Macmillan India, Delhi.
- Dhavalikar, M. K. (ed.) (2013). *Prehistory of India: A Comprehensive History of India*, vol. 1, Part 1. Delhi: Manohar.
- Habib, Irfan. (2001). *Prehistory*, Delhi: Tulika. (Available in Hindi Also)
- Habib, Irfan. (2002). *The Indus Civilization*. Delhi: Tulika.
- Jain, V. K. (2006). *Prehistory and Protohistory of India: An Appraisal*. Delhi: Printworld. ( in Hindi Also)
- Kosambi, D.D. (1956). *An Introduction to the Study of Indian History*. Bombay: Popular Prakashan.
- Pathak, V. S. (1966). *Ancient Historians of India: A Study in Historical Biographies*. Bombay: Asia Publishing House.
- Thapar, Romila. (2000). *Cultural Pasts: Essays in Early Indian History*. Delhi: Oxford University Press.

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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)**

**Course Code:** BSU103  
**Course Name:** Basic Teachings of Buddhism  
**Credits:** 4L+1T

**Course Objectives:**

- To give the knowledge of the fundamental teachings of Buddhism
- To develop the proper understanding of Buddhist Philosophy

**Learning Outcomes:**

- The students will gain the deep understanding of the Buddhist Knowledge System.
- The students will learn how to apply Buddhist teachings for the attainment of happy and successful life.

**Unit 1**

The life of the Buddha  
The first sermon of the Buddha: the Dhammacakkappavattanasutta

**Unit 2**

Cattāri ariyasaccāni (the four noble truths)  
Ariyo-aṭṭhaṅgiko-maggo (the noble eightfold path)

**Unit 3**

Sīla (morality)  
Samādhi (concentration)  
Paññā (wisdom)

**Unit 4**

Dasa kusala kamma (ten wholesome deeds)  
Dasa puññakiriyavatthu (ten meritorious deeds)  
Dasa pāramiyo (ten perfections)

**Suggested Readings:**

- Ambedkar, Bhim Rao, *The Buddha and His Dhamma*, Nagpur: Buddha Bhoomi Prakashan, 1997.
- Bapat, P. V., *2500 Years of Buddhism*, Delhi: Publications Division, Ministry of Information and Broadcasting, Government of India, 1997.
- Chan Khoon San, *Buddhism Course*, Kuala Lumpur: Majujaya Indah Sdn. Bhd., 2012.
- K.Sri Dhammananda, *Meditation the Only Way*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2006.
- K.Sri Dhammananda, *What Buddhists Believe*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2006.
- Keown, D., *The Nature of Buddhist Ethics*, London: Macmillan, 1992.
- Mīśra, G.S.P., *Development of Buddhist Ethics*, New Delhi: Munshi Ram Manohar Lal Private Limited, 1984.
- Nārada Thera, *A Manual of Buddhism*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2005.
- Narada, *The Buddha and His Teachings*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2005.
- Narasu, P.Lakshmi, *The Essence of Buddhism*, Madras: Asian Educational Services, 1993.
- Pyinnyāthiha, *The Triple Gem and The Way to Social Harmony*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2002.
- Rahula, Walpola, *What The Buddha Taught*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2003.
- Sankrityan, Rahula, *Bauddha Darshan*, Allahabad: Kitab Mahal, 1992.
- Shakya, Gyanaditya, *Bauddha Dharma Darshan Mein Brahmavihāra-Bhāvanā*, Ahmadabad: Reliable Publishing House, 2013.
- -----, *Human Values and Buddhist Ethics*, Nagpur: Sangyan Prakashan, 2020.
- Shakya, Rajendra Prasad, *Bauddha Darshan*, Madhya Pradesh Hindi Academy, Bhopal, 2001.
- *The Dhammapada* (Ed. & Tr.) K. Sri Dhammananda, Taipei: The Corporate Body of the Buddha Educational Foundation, 2006.
- Thera Piyadassi, *The Buddha's Ancient Path*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2003.
- Upadhyay, Bharat Singh, *Pāli Sāhitya Kā Itihās*, Prayag: Hindi Sahitya Sammelan, 2005.
- Upadhyay, Baladeva, *Bauddha Dharma Darshan Mimamsa*, Varanasi: Chaukhamba Vidya Bhawan, 1999.

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Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)

Course Code: BSU105  
Course Name: Ethics in Indian Religious Traditions  
Credits: 2L

Course Objectives:

- The objectives of studying ethics in Indian religious traditions include understanding moral principles, cultivating moral awareness, exploring diverse perspectives, examining ethical dilemmas, interpreting religious texts, engaging in moral discourse, and applying ethics in contemporary contexts for personal and societal growth.

Learning Outcomes:

- This course provides insights into ethical frameworks, promotes moral development, encourages critical thinking, fosters interfaith dialogue, and offers guidance for navigating moral challenges in personal and societal contexts. It also helps individuals appreciate the rich heritage of Indian religious traditions and their contributions to ethical thought and practice.

Unit 1

**General Concept of Ethics:** General Concept of Religions, Ethics in Religions, Ethics: Its Meaning in Indian Tradition, Indian Religious Traditions

Unit 2

**Ethics in Hinduism:** Five major vows of R̥gveda, Nine precepts of Bhagavad Gitā, Ten aspects of general duties in Manusmṛti

Unit 3

**Ethics in Buddhism:** Five Precepts, Noble Eightfold Path, Four Sublime States of Mind, Ten Meritorious Deeds

Unit 4

**Ethics in Jainism:** Triratna (three jewels), Pancha-mahavratas (Five Great Vows) and Pancha Anuvratas (Five Small Vows).

Unit 5

**Ethics in Sikhism:** Contentment (Santokh), Reflection (Saram), Right Orientation (Dhian), Self-Discipline (Jugat), Absolute faith in God (Patiti), Catholicity, i.e., showing respect to all other religions (Ai panthi sagal jamati), Service to humanity (man jite jag jit).

Suggested Readings:

- Furtado, Vincent, *Classical Samkhya Ethics*, New Delhi: Media House, 2000.
- Hindery, Roderick, *Comparative Ethics in Hindu and Buddhist Traditions*, New Delhi: Motilal Banarsidas, 1978.
- Jhingran, Saral, *Aspects of Hindu Morality*, New Delhi: Motilal Banarsidass Publishers Pvt. Ltd. 1989.
- K.Sri Dhammananda, *What Buddhists Believe*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2006.
- Keown, D., *The Nature of Buddhist Ethics*, London: Macmillan, 1992.
- Narada, *The Buddha and His Teachings*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2005.
- Ranganathan, Shyam. *Ethics and the History of Indian Philosophy*, Delhi: Motilal Banarsidass, 2007
- Sadguru, Keshavadass, *Liberation from Karma and Rebirth*, Bombay: Bharathiya Vidhya Bhavan, 1978.
- Shakya, Gyanaditya, *Bauddha Dharma Darshan mein Brahmavihāra-Bhāvanā*, Ahmadabad: Reliable Publishing House, 2013.
- Shakya, Gyanaditya, *Human Values and Buddhist Ethics*, Nagpur: Sangyan Prakashan, 2020
- Tandon, Nirmala, *Contemporary Indian Ethics*, Mumbai: English Edition Publishers and Distributors, Pvt. Ltd.
- Thera Piyadassi, *The Buddha's Ancient Path*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2003.

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Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)

Course Name: Human Values and Buddhist Ethics  
Code of Course: BSU 107  
No. of Credits: 2

Course Objectives:

- To give the knowledge of the life history of the Buddha and His basic teachings
- To develop the proper understanding of the concept of Buddhist ethics

Learning Outcomes:

- The students will gain the deep understanding of the ethical teachings of Buddha.
- The students will learn the socially engaged Buddhism and its implementation for the attainment of happy and successful life.

Unit 1

Life History of Gautama Buddha  
Origin & Development of Buddhism  
Buddhist Literature

Unit 2

The Concept of Buddhist Ethics and Ethical Teachings of the Buddha  
The Five Precepts  
The Four Noble Truths and the Noble Eightfold Path

Unit 3

Ten Wholesome Deeds  
Ten Unwholesome Deeds  
The Four Sublime States

Unit 4

Socially Engaged Buddhism  
Buddhist View on Environment  
Buddhist View on Human Rights  
Buddha's Economic Thoughts

Suggested Readings:

- Ambedkar, Bhim Rao, *The Buddha and His Dhamma*, Nagpur: Buddha Bhoomi Prakashan, 1997.
- Bapat, P. V., *2500 Years of Buddhism*, Delhi: Publications Division, Ministry of Information and Broadcasting, Government of India, 1997.
- Bhikshu Dharmarakshit, *Sukhī Grihastha Ke Liye Buddha Upadesh*, New Delhi: Samyak Prakashan, 2011.
- K.Sri Dhammananda, *What Buddhists Believe*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2006.
- Keown, D., *The Nature of Buddhist Ethics*, London: Macmillan, 1992.
- Law, Bimala Churn, *A History of Pāli Literature*, Delhi: Indological Book House, 1983.
- Misra, G.S.P., *Development of Buddhist Ethics*, New Delhi: Munshi Ram Manohar Lal Private Limited, 1984.
- Nārada Thera, *A Manual of Buddhism*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2005.
- Narada, *The Buddha and His Teachings*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2005.
- Rahula, Walpola, *What The Buddha Taught*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2003.
- Sarao, K.T.S. & Arvind Kumar Singh (Eds.), *A Text Book of the History of Theravada Buddhism*, Delhi: Department of Buddhist Studies, Delhi University, 2006.
- Sarao, K.T.S., *Origin and Nature of Ancient Indian Buddhism*, New Delhi: Munshiram Manoharlal, 2009.
- Sayagyi U Ko Lay, *Guide to Tipitaka*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2002.
- Shakya, Gyanaditya, *Bauddha Dharma Darshan mein Brahmavihāra-Bhāvanā*, Ahmadabad: Reliable Publishing House, 2013.
- -----, *Human Values and Buddhist Ethics*, Nagpur: Sangyan Prakashan, 2020.
- Shakya, Rajendra Prasad, *Bauddha Darshan*, Madhya Pradesh Hindi Academy, Bhopal, 2001.
- Singh, Anand, *Business Ethics and Indian Value System*, Himalayana Publication, Delhi, 2010.
- *The Dhammapada* (Ed. & Tr.) K. Sri Dhammananda, Taipei: The Corporate Body of the Buddha Educational Foundation, 2006.
- Thera Piyadassi, *The Buddha's Ancient Path*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2003.
- Upadhayay, Bharat Singh, *Pāli Sahitya Kā Itihās*, Prayag: Hindi Sahitya Sammelan, 2005.

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Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
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## Semester II

Course Code: BSU102  
Course Name: An Outline of Pāli Tipitaka Literature  
Credits: 4L+1T

### Course Objectives:

- To give the knowledge of Buddhist literature
- To develop the understanding of the theme described in Pāli Tipitaka Literature (Canonical literature)

### Learning Outcomes:

- The students will get the knowledge of the teachings of the Buddha found in Pāli Tipitaka Literature.
- The practice of the Buddha's teachings will help them to live a happy and peaceful life.

### Unit 1

Introduction to Pāli Tipitaka Literature, Vinayaṭṭakā, Mahāvagga-Pāli, and Cullavagga-Pāli

### Unit 2

Suttapiṭakā, Dīghanikāya, Majjhimanikāya, Saṃyuttanikāya, Aṅguttaranikāya, and Khuddakanikāya

### Unit 3

Khuddakapāṭha, Dhammapada, Suttanipāta, Theragāthā, Therīgāthā, and Cariyāṭṭakā

### Unit 4

Abhidhammaṭṭakā, Dhammasaṅgaṇi, Vibhaṅga, and Paṭṭhāna

### Suggested Readings:

- Bhikshu Dharmarakshit, *Bauddha Dharma Darshana tatha Sahitya*, Varanasi: Nanda-Kishore and Brothers, 1965.
- Bhikshu Dharmarakshit, *Pāli Sāhitya Kā Itihās*, Varanasi: Gyanamandal Limited, 1988.
- Dictionary of Pali Proper Names* (Ed.) G.P. Malalasekera, New Delhi: Munshiram Manoharlal Private Limited, 2002.
- Gandhavamsa* (Ed. & Tr.) Gyanaditya Shakya, Varanasi: Pāli Society of India, 2022.
- Geiger, Wilhelm, *Pāli Literature and Language*, New Delhi: Munshiram Manoharlal Private Limited, 1968.
- Law, Bimala Churn, *A History of Pāli Literature*, Varanasi: Indological Book House, 1983.
- Norman, K.R., *A History of Indian Literature*, Wiesbaden: Otto Harrassowitz, 1983.
- Sankrityayan, Rahul, *Pāli Sāhitya Kā Itihās*, Lucknow: Uttar Pradesh Hindi Sansthan, 1992.
- Sayagyi U Ko Lay, *Guide to Tipitaka*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2002.
- Shakya, Gyanaditya, *Human Values and Buddhist Ethics*, Nagpur: Sangyan Prakashan, 2020.
- Shakya, Uma Datta, *Pāli Vamsa Sāhitya Kā Itihās*, Ahmadabad: Reliable Publishing House, 2017.
- Sharma, Ramananda, *Pāli: Bhāshā evam Sāhitya*, Ghaziabad: Pachauri Prakashan, 1998.
- Shashtri, Indra Chandra, *Pāli Bhāshā aur Sāhitya*, Delhi: Hindi Madhyama Karyanvaya Nideshalaya, Delhi Vishwavidhyalay, 1987.
- Upadhyay, Bharat Singh, *Pāli Sāhitya Kā Itihās*, Prayag: Hindi Sahitya Sammelan, 2005.
- Upadhyaya, Baladeva, *Bauddha Dharma Darshan Mimamsa*, Varanasi: Chaukhamba Vidya Bhawan Prakashan, 1978.

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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)**

**Course Code:** BSU104  
**Course Name:** History of Buddhism till Decline of Mauryas  
**Credits:** 4L+1T

**Course Objectives:**

The primary objective of this course is to advance students' critical awareness of the background to the origin and nature of Buddhism in India from its birth till the beginning of the Mauryan Period in the fourth century BCE.

**Learning Outcomes:**

Upon the completion of this course, students should be able to understand:

- the background to the origin of Buddhism in India through various sources.
- sound knowledge of Birth Stories and Life of the Buddha, Bhikkhu and Bhikkhuni Samgha, Garudhamma, etc. and spread and development of Indian Buddhism from origin till decline of Mauryas in the light of King Ashoka's contribution
- helpful in familiarity with consulting and analyzing the source material for the study of the history of early Indian Buddhism.

**Unit 1**

Survey of the source material: indigenous (archaeological and literary) and foreign

**Unit 2**

India on the Eve of the Origin of Buddhism and Background to the origin of Buddhism, Birth Stories and Various legends pertaining to conception and childhood of the Buddha, Mahābhiniṣkramaṇa till the Mahāparinirvāṇa

**Unit 3**

Origin and growth of the Saṃgha, First and Second Buddhist Councils, Role of Bumbisara, Ajatasattu and Kalasoka

**Unit 4**

Nanda Dynasty, Invasion of Alexander, Foundation of Mauryan Empire, Kings of Mauryan Empire, Third Buddhist Council, Nine Missions, Dhamma Policy of Ashoka, and Causes of Decline of Mauryas

**Suggested Readings:**

- Sarao, K.T.S., Origin and Nature of Ancient Indian Buddhism, 4th revised edition, New Delhi Munshiram Manoharlal, 2009.
- Sarao, K.T.S., and Singh, A. K. (eds.), A Text Book of the History of Theravada Buddhism, Department of Buddhist Studies, University of Delhi, (Vidyaniidhi Prakashan), Delhi: 2007.
- Sarao, K.T.S., and Long, J.D. (eds.), Encyclopedia of Indian Religions: Buddhism and Jainism, 2 vols., New York: Springer, 2017.
- Bapat, P.V., 2500 Years of Buddhism, New Delhi: Government of India, Publication Division, 1956. Baudha Dharma ke 2500 Varṣa (in Hindi), New Delhi: Government of India.
- Strong, John, S., The Buddha: A Short Biography, Oxford: Oneworld, 2001.
- Nakamura, H., Indian Buddhism: A Survey with Bibliographical Notes, reprint, Delhi: Motilal Banarsidass, 1989.
- Sarao, K.T.S., Prācīna Bhāraṭīya Baudha Dharma kī Utpatti, Svarūpa aur Patana (in Hindi), Delhi University: Directorate of Hindi Medium Implementation, 2004.
- Lamotte, É., History of Indian Buddhism, Louvain: Peeters Pub, 1988.
- Warder, A.K., Indian Buddhism, 4th edition, Delhi: Motilal Banarsidass, 2017.
- E. H. Brewster, The Life of Gotama the Buddha. (Compiled from the Pali Canon). London: Kegan Paul, 1926.
- Narada Thera, The Life of the Buddha in his own words. Kandy, Ceylon: Buddhist Publication Society, 1967.
- Thomas, E. J., The Life of Buddha as Legend and History. London: Kegan Paul, Trench, Trubner & Co., 1931.
- Thera Pivadassi, The Buddha, A Short Study of His Life and His Teachings. Kandy: Buddhist Publication Society, 1982.
- Dutt, Nalinaksha, Buddhist Sects in India. New Delhi: Motilal Banarsidass, 1998.

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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies**  
(Effective from Academic Session 2023-2024)

**Course Code:** BSU106  
**Course Name:** Buddhist Tourism and Heritage  
**Credits:** 2L+1T

**Course Objectives:**

- The paper aims to make the student acquainted with our past heritage especially Buddhist heritage in order to enable them to develop their understanding about glory and magnificence of their past heritage, and the related tourism.

**Learning Outcomes:**

- Upon the completion of this course, students should be able to know about their Buddhist Heritage and different aspects of tourism. This would also enable them to have specific knowledge about the Buddhist Heritage and also make them instrumental in the promotion of tourism and guide.

**Unit 1**

Definition & Scope of Buddhist Heritage, Buddhist Heritage and Urbanization, Buddhist Pilgrimage and Tourism, History and Pilgrimage in India

**Unit 2**

Basic Concept of Pilgrimage and Tourism in Indian Traditions with focus on Buddhism, Buddhist Heritage Sites with focus on Attahamahathani (The great places: Lumbini, Bodhagaya, Sarnath, Kushinagar, Rajgir, Sankisa, Vaishali, and Shravasti), Asoka's Pilgrimage and His Efforts in Development of the Pilgrimage/Religious Tours

**Unit 3**

Architectural Sites: Sanchi Stupa and Bharhut; Cave Sites: Ajanta, Ellora and Bagh caves; Nalanda and Mahabodhi Mahaviharas.

**Unit 4**

Preservation of Buddhist Heritages and Development of Buddhist Tourism circuits in India, Challenges in Buddhist Heritage Management

**Suggested Readings:**

- Babu, V. and Gade, J. (2014). Tourism In India. Hyderabad: Zenon Academic Publishing.
- Bala, U. (1990). Tourism in India: Policy and Prospective. New Delhi: Arushi Prakashan.
- Barua, D. K. (1969). Viharas in Ancient India: A Survey of Buddhist Monasteries. Calcutta: Indian Publication.
- Basham, A.L. (2004). The Wonder that was India. London: Picador.
- Batra, K. L. (1990). Problems and Prospects of Tourism. Jaipur: Printwell Publishers.
- Benisti, M. (2003). Stylistics of Buddhist Art in India. New Delhi: IGNCIA and Aryan Books International.
- Bhatia, A. K. (1978). Tourism in India- History and Development. New Delhi: Sterling Publishing House.
- Brown, P. (2005). Indian Architecture: Buddhist and Hindu. Delhi: Cbs publishers & Distributors Pvt. Ltd.
- Burkart, A. J. and Medlic, S. (1981). Tourism-Past, Present and Future. London: Heinemann Professional Publishing.
- Cunnigham, A. (1997). The Bhilsa Topes or Buddhist Monuments of Central India. New Delhi: Munshiram Manoharlal Pvt. Ltd.
- Cunnigham, A. (1998). The Stupa of Bharhut. London: Wm. H. Allen & Co. Reprint. New Delhi: Munshiram Manoharlal Pvt. Ltd.
- D.D. Kasambi, *Ancient Kosala and Magadh*, JBBRAS, XXVIII, 1952: 108-123
- Dutt, S. (1988). Buddhist Monks and Monasteries of India. Delhi: Motilal Banarsidass Publishers Pvt. Ltd.
- Fergusson, J. & Burgess, J. (1880). The Cave Temples of India. London: Allen.
- Geary, D. (2017). The Rebirth of Bodhi Gaya: Buddhism and the Making of a World Heritage Site. Washington: University of Washington Press.
- Gill, S. P. (1996). Dynamics of Tourism. New Delhi: Anmol Publication Private Ltd.
- H Bhattacharya, *The Cultural Heritage of India*, vol. IV Calcutta 1956.
- H. Goetz, India: *Five Thousand Years of Indian Art*, London; 1959.
- Iyer, K.H. (2006). Tourism Development in India. Delhi: Vista International Publishing House.
- Jacob, R. (2013). Buddhist tourism in India. New Delhi: Abhijeet Publications.
- K.D. Bajpai, *Yug-yugon mein Uttara Pradesh*, Allahabad: 1955.
- K.T.S Sarao, *Urban Centres and Urbanization As Reflected in the Pali Vinaya and Sutta Pitakas*, New Delhi: Munsiram Manoharlal, 2010.
- Karma, K. K. (1997). Tourism, Theory, Planning and Practice. New Delhi: Indus.
- Kaur, J. (1985). Himalayan: Pilgrimage and the New Tourism, New Delhi: Himalyan Books.
- M., Jaypalan. (2001). An Introduction to Tourism. Delhi: Atlantic Publishers and Distributors.
- P. V. Bapat (Ed.) *2500 Years of Buddhism*, New Delhi, Government of India, Publications Divisions, 1997.
- Pinkney, A. M. (ed) & Bridge, J. W. (ed). (2018). Religious Journeys in India: Pilgrims, Tourists, and Travelers. New York: SUNY press.
- Shakya, Gyanaditya, *Sankisa ka Atit, Vartman aur Bhavishya*, Varanasi: Pali Society of India, 2023.
- Singh, Priyasen, *Bharat ke Pramukh Bauddha Tirtha Sthala*, Delhi: Eastern Book Linkers, 1993.

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Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)

Course Code: BSU108  
Course Name: Introduction to Indian Philosophy  
Credits: 2L

Course Objectives:

- The course will deal with the various aspects of Indian Philosophy with an introduction of the same, its nature and scope, about various schools of Indian philosophical system, theories of reality, knowledge and liberation for better understanding of Buddhist Philosophy.

Learning Outcomes:

- After having completed a Bachelor's degree in Buddhist Studies, the candidates will become experts in different fields of Buddhist Studies. Those of these experts, who specialize in history-based courses, would become specialists not only in Buddhist Studies but of Ancient Indian History and history of neighboring civilizations where Buddhism has spread its wings. Students shall be able to work as experts in the field of Buddhist archaeology and history. All these experts shall be able to work as tour specialists, do the work of interpreters, translators or even go for further research in Buddhism and become teachers. Above all, these specialists will be able to utilize their skills in the field of social engagement especially in social work, environmental protection, human and animal rights, and many issues related to present-day globalizing world.

Unit 1

Introduction to Indian Philosophy, Definition, Sources, Nature and Scope

Unit 2

Schools of Indian Philosophy, Nasthika Schools and its Basic Principles & Theories: Charvaka, Jainism, and Buddhism

Unit 3

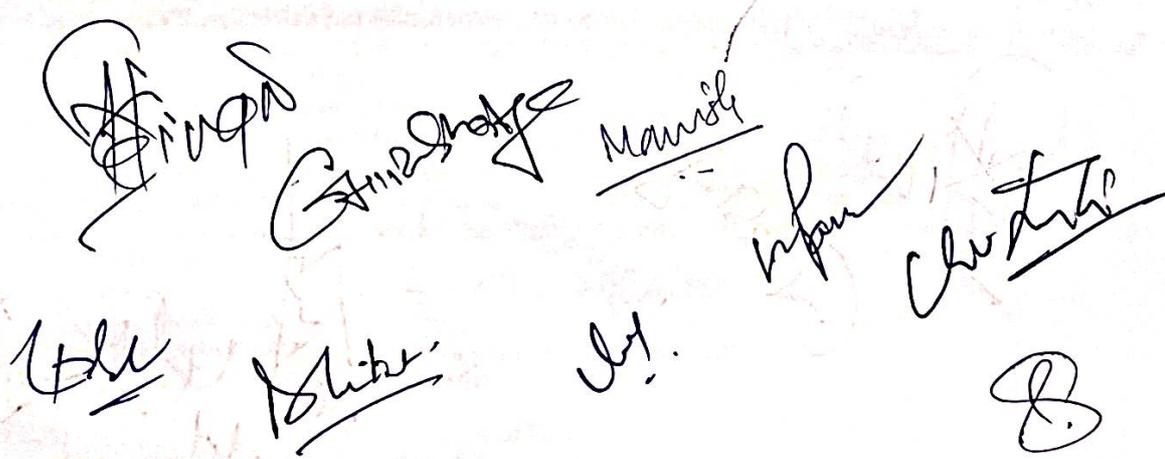
Aasthika Schools and their Basic Principles: Samkhya, Yoga, Nyaya, Vaishesika, Mimamsa

Unit 4

Vedanta (Advaita, Dvaita, & Visistadvaita)  
Theories of Reality, Knowledge, and Liberation

Suggested Readings:

- Barua B.M, A History of Pre-Buddhist Indian philosophy, MLBD, Delhi, 1998.
- Dasgupta, S, N, A History of Indian Philosophy, Vol I and Vol. II MLBD, Delhi, 1955
- Edwards, M.D., 1963, *The Philosophy Of Religion*, Calcutta, Progressive Publishers
- Hick, John., 1963, *Philosophy of Religion*, London, Prentice-Hall
- Hiriyana M, Essentials of Indian Philosophy, George Alien and Unwin Lts, Bombay, 1949.
- Hiriyana, M, Outlines of Indian Philosophy, George Alien and Urwin Ltd, Bombay, 1956.
- Radhakrishnan, S., 1988, *Eastern Religions and Western thought*, New Delhi, Oxford University Press
- Radhakrishnan, S , Indian Philosophy, Vol.II, London, George Alien and Unwin Ltd., Newyork, Humanities Press, Reprint 1958.
- Russell, Bertrand., 1997, *The Problems of Philosophy* , London, Oxford University Press
- Sharma C.D, A critical survey of Indian Philosophy, MLBD, Delhi, 1990.
- Taylor, Richard, 1963, *Metaphysics* , Englewood Cliffs, N.J. Prentice Hall.
- Upadhaya, B. Bhartiya Darshan, 2<sup>nd</sup> Edition, Varanasi, 1945.
- Venkata Sivasai, ch, 2023, A Hand Book for An Indian Philosophy, PPH, Delhi.


  
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Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)

Course Code: BSU110  
Course Name: Introduction to Tibetan Buddhism  
Credits: 2L

Course Objectives:

- To facilitate the interest and curiosity among young mind about the origin of Tibetan Buddhism
- To promoting the skills to introduce fundamental doctrines, monastic systems of Tibetan Buddhism

Learning Outcomes:

- To learn basic culture of Tibetan Buddhism to welfare society
- To acquaint student with the fundamental knowledge of Tibetan Buddhism to get experience of inner peace in humans' life

Unit 1

Origin and Development: Tibet Bon Religion, Buddhism in Tibet, Characterizes of Tibetan Buddhism, Tibetan Buddhist Literature, Life and contribution of Guru Padmsambhava & amp; Shantrakshita.

Unit 2

Fundamental Doctrines of Tibetan Buddhism: Theravada & amp; Mahayana Buddhism, Bodhisattva & amp; Bodhicitta, Six Perfection, Eight types of Consciousness (mind), Trikaya of the Buddha, Five wisdom Buddhas

Unit 3

Monastic systems: Schools of Tibetan Buddhism: Kagyu, Sasya, Gelugpa, Nyingma

Unit 4

Impact of Tibetan Buddhism in Himalayan Region (Kashmir & amp; Bhutan)

Suggested Readings:

- Alex McKay, History of Tibet, 3 vols, London: Routeledge, 1996.
- Chattopadhyaya Alaka, Atisa and Tibet: Life and Works of Dipamkara Srijnana in relation to the History and Religion of Tibet, Delhi: Motilal Banarasi Das, 1981.
- Francke, A.H., Antiquities of Indian Tibet, 2 vols., New Delhi: S. Chand, 1972.
- Khosla Sarla, History of Buddhism in Kashmir, New Delhi: Sagar, 1972.
- Norbu Namkhai, The Necklace of gzi: A Cultural History of Tibet, Dharamsala: Information Office of H.H., The Dalai Lama, 1984.
- Rabbani, G.M., Ancient Kashmir: A Historical Perspective, Srinagar: Gulshan Publishers, 1981.
- Sankrityayan Rahul, Baudh Sanskriti.
- Sankrityayan Rahul, History of Central Asia: Bronze age (2000 BC) to Chengiz Khan (1227 AD), New Delhi: New Age Publication, 1964.
- Sankrityayan Rahul, Tibet Mein Baudha Dharma,
- Shakabpa, W.D., Bod Kyi Srid don rgyal rabs - An Advanced Political History of Tibet, 2 vols. Kalimpong: shakabpa House, 1976.
- Tanjur & Kanjur, Waddell, D. The Buddhism of Tibet, W. Heffer & Sons Ltd. Cambridge, 1985

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Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)

## Semester III

Course Code: BSU201  
Course Name: Elementary Pali Grammar  
Credits: 4L+1T

### Course Objectives:

- To introduce the students to basics of Pāli grammar and language
- To acquaint the students to the Pāli grammar and composition for better understanding of Theravada Buddhist literature

### Learning Outcomes:

- At the end of this subject, the students would be familiar with the basic knowledge of the derivation & homeland of Pāli and characteristics of Pāli.
- Having studied this paper, they will be familiar with Pāli literature, the most significant part of Indian culture and history.

### Unit 1

Introduction to Pāli Language, Origin of Pāli, Characteristics of Pāli

### Unit 2

Akkharamāla (Pāli Alphabet), Liṅga (Gender), Vacana (Number), Purisa (Person)

### Unit 3

Kārika (Case), Saddarūpa (Declension), Vattamānakāla (Present Tense), Atitakāla (Past Tense), Anāgatakāla (Future Tense)

### Unit 4

Translation from Pāli to English/Hindi, Translation from English/Hindi to Pāli

### Suggested Readings:

- A.P. Buddhadatta Maha Nayaka Thera, *The New Pali Course Vol. I, II & III*, Sri Lanka: Buddhist Cultural Centre, 1997-99.
- Bālāvatāra* (Ed & Tr.) Swami Dwarikadasa Shashtri, Varanasi: Bauddha Bharati, 1996.
- Bhikshu Dharmarakshit, *Bauddha Dharma Darshana tatha Sahitya*, Varanasi: Nanda-Kishore and Brothers, 1965.
- Bhikshu Dharmarakshit, *Pāli Vyākaraṇa*, Varanasi: Gyanamandal Limited, 1988.
- Bhikshu Dharmarakshit, *Pāli Sahitya Ka Itihas*, Varanasi: Gyanamandal Limited, 1988.
- Bhikshu Jagdish Kashyap, *Pāli Mahāvvyākaraṇa*, Delhi: Motilal Banarsidass Publication Private Limited, 2012.
- Bode, Mabel Haynes, *The Pali Literature of Burma*, London: Royal Asiatic Society, 1909.
- Gandhavamsa* (Ed. & Tr.) Gyanaditya Shakya, Varanasi: Pāli Society of India, 2022.
- Geiger, Wilhelm, *Pāli Literature and Language*, New Delhi: Munshiram Manoharlal Private Limited, 1968.
- Kaccāyana Nyāso Paṭhamo Bhāgo* (Ed. & Tr.) Bhikshu Satyapala, New Delhi: Buddha Triratna Mishana, 1991.
- Kaccāyana-Vyākaraṇa* (Ed.) L.N. Tiwary & B. Sharma, Varanasi: Tara Book Agency, 1961.
- Law, Bimala Churn, *A History of Pāli Literature*, Varanasi: Indological Book House, 1983.
- Nārada Thera, *An Elementary Pāli Course*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2003.
- Norman, K.R., *A History of Indian Literature*, Wiesbaden: Otto Harrassowitz, 1983.
- S.J., Vito Perniola, *Pali Grammar*, Oxford: The Pali Text Society, 1997.
- Sankrityayan, Rahul, *Pāli Sāhitya Kā Itihās*, Lucknow: Uttar Pradesh Hindi Sansthan, 1992.
- Shakya, Gyanaditya, *Human Values and Buddhist Ethics*, Nagpur: Sangyan Prakashan, 2020.
- Sharma, Ramananda, *Pāli: Bhāshā evam Sāhitya*, Ghaziabad: Pachauri Prakashan, 1998.
- Shashtri, Indra Chandra, *Pāli Bhāshā aur Sāhitya*, Delhi: Hindi Madhyama Karyanvaya Nideshalaya, Delhi Vishwavidhyalay, 1987.
- Singh, Priyasen, *Pāli Parichaya*, New Delhi: Samyak Prakashan, 2011.
- Upadhyay, Bharat Singh, *Pāli Sāhitya Kā Itihās*, Prayag: Hindi Sahitya Sammelan, 2005.
- Warder, A.K., *Introduction to Pali*, Oxford: The Pali Text Society, 2001.

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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)**

**Course Code:** BSU203  
**Course Name:** History of Buddhism from Kushan to Harsha Period  
**Credits:** 4L +1T

**Course Objectives:**

- This course is about the history of India after the decline of Maurya and covers the period of Harsha highlighting major changes in political, social, economic and religious features, events and tendencies that shaped the character of the Indian civilization as well as all-important dynasties across India and the foreign invasion and their impact during this age.

**Learning Outcomes:**

After completing the course the students will be able to understand:

- Post-Mauryan polities & Foreign Invasions in this age
- The nature of polities: the Gupta Empire and its contemporaries
- Agrarian expansion; land grants; Urban patterns; trade and currency; Changes in the area of economy; trade, commerce, foreign trade, monetary system
- Social development; *Varna*; the proliferation of *jatis*; changing norms of marriage and inheritance
- Shramanic traditions like Buddhism and Jainism & Consolidation of the Brahmanical tradition

**Unit 1: Post-Mauryan Polities; Sunga, Kanwas and Satavahanas**

The Sungas; Sources, Origin, Pushyamitra, Sunga Art: Stupas of Bharhuta, Saanchi & Amravati, Chaityas, Kanwas: Kharvela, The Satavahanas; Simuka, Satakarni I, Satakarni II, Pulayami

**Unit 2: Foreign Invasions in this age; Indo-Greek, Sakas & Kushanas**

The Bactrian Greeks, Menander, The Sakas: Gondophernes, Satrapal Houses, The Kushanas: Rise of Kushanas, Kanishka I, Downfall of Kushanas, Fourth Buddhist Council, Gandhara & Mathura Art

**Unit 3: Gupta Age**

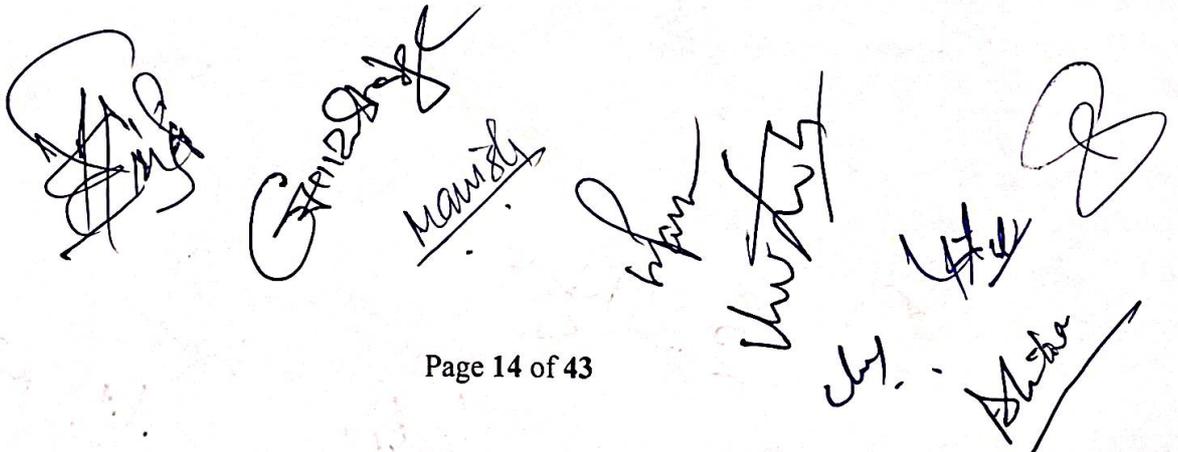
Archeological and literary Sources, Important rulers, late gupta rulers, Fa-Hein, Gupta administration, Gupta Art, Society and Religious Condition, Gupta Economy

**Unit 4: Post Gupta to Harsha with reference to Buddhism**

Social condition, Religious condition; Brahmanism, Buddhism, Jainism, Economic Condition, Literature, Art; Stupas of Bharhuta, Sanchi & Amravati, Chaityas, The Vakatakas, The Maitrakas and The Maukharis, Harsha-Vardhana; Sources; Bana and Hiuen Tsang, Administration & Religious policy of Harsha

**Suggested Readings:**

- Bapat, P.V., *2500 Years of Buddhism*, New Delhi: Government of India, Publication Division, 1956. Baudha Dharma ke 2500 Varsha (in Hindi), New Delhi: Government of India.
- D. D. Kosambi: *An Introduction to the Study of Indian History*, Bombay, 1956.
- D.N. Jha: *Ancient India* Manohar Publishers 2004, New Delhi.
- R.C. Majumdar, H.C. Roy chaudhri & K. Datta: *An Advanced History of India* Mac Millan India Ltd 2004, New Delhi.
- Sharma, R.S. (1983). *Material Culture and Social Formations in Ancient India*, Macmillan India, Delhi. (Chapters 2, 3, 4 and 5. Pp. 22- 88) (Also available in Hindi)
- Sharma, R.S. (1996). *Aspects of Political Ideas and Institutions in Ancient India*. Delhi: Motilal Banarsidas. (Chapters VII-XIV pp.87-196 and XXII pp. 349-370) (Also available in Hindi)
- Singh, Upinder. (2008). *A History of Ancient and Early Medieval India: From the Stone Age to the 12th Century*. Delhi: Pearson Longman. (Introduction and Chapter 1.) (Available in Hindi)
- V.D. Mahajan : *Ancient India*, S.Chand & Co., 1981, New Delhi.



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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies**  
**(Effective from Academic Session 2023-2024)**

**Course Code:** BSU205  
**Course Name:** Introduction to Mahayana Philosophy  
**Credits:** 4L +1T

**Course Objectives:**

- To apprise the students about the Mahayana Buddhist Philosophy and its origin along with specific focus on the basic Concept of Mahayana Philosophy, difference between Theravada and Mahayana Buddhism, schools of Mahayana Buddhism & its Philosophies Yogacara, Madhyamika, Vijnanavada, Concept of Bodhisattva Ideal and Six Perfections (Pāramitā).

**Learning Outcomes:**

- After having completed a Bachelor's degree in Buddhist Studies, the candidates will become experts in different fields of Buddhist Studies. Those of these experts, who specialize in history-based courses, would become specialists not only in Buddhist Studies but of Ancient Indian History and history of neighboring civilizations where Buddhism has spread its wings. Students shall be able to work as experts in the field of Buddhist archaeology and history. All these experts shall be able to work as tour specialists, do the work of interpreters, translators or even go for further research in Buddhism and become teachers. Above all, these specialists will be able to utilize their skills in the field of social engagement especially in social work, environmental protection, human and animal rights, and many issues related to present-day globalizing world.

**Unit 1**

Basic Concept of Mahayana Buddhism and Philosophy  
Difference between Theravada and Mahayana Buddhism

**Unit 2**

Schools of Mahayana Buddhism its Philosophies of Yogachara, Madhyamika, Vijnanavada

**Unit 3**

Conceptual Terms of Mahayana Buddhist Philosophy

**Unit 4**

Concept of Bodhisattva Ideal  
Six Perfections (Pāramitā)

**Suggested Readings:**

- Ambedkar, B.R., *The Buddha and His Dhamma*, Buddha Bhoomi Publication, Nagpur, 1997.
- Bapat, P.V., *2500 years of Buddhis*, Publication Division, New Delhi, 2012.
- Chatterjee, A.K., *The Yogacara Idealism* -, varanasi, 1975
- Dalai Lama XIV, *Transcendent Wisdom: A Commentary on the Ninth Chapter of Śāntideva's Guide to the Bodhisattva Way of Life*. Ithaca, NY: Snow Lion. 1988.
- Dev, Narendra, *Buddha Dharma Darshan*, Motilal Banarasidas Publishers, New Delhi, 2011.
- Dhammajothi, Medawachachiye Thero, *The Concept of Emptiness in Pali Literature*, The Corporate Body of the Buddha Educational Foundation, Taiwan, 2007.
- E. Conze, *Buddhist Thought in India* -, London
- Guang Xing, *The Concept of the Buddha: Its Evolution from Early Buddhism to the Trikaya Theory*. 2004.
- Har Dayal, *The Bodhisattva Doctrine in Buddhist Sanskrit Literature* -, Motilal Banarasidas, Delhi
- Nalinaksha Dutt, *Mahayana Buddhism* -, Mortilal Banarasidas, Delhi, 1978
- R. C. Jamieson, *Perfection of Wisdom*, New York, 2000.
- Schmidt, Amy. *Dipa Ma: The Life and Legacy of a Buddhist Master*. New York: Bluebridge, 2005.
- Shakya, Gyanaditya, *Human Values and Buddhist Ethics*, Nagpur: Sangyan Prakashan, 2020.
- Shakya, Rajendra Prasad, *Bauddha Darshan*, Madhya Pradesh Hindi Academy, Bhopal, 2001.

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Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)

Course Code: BSU207  
Course Name: Introduction to Pali Language and Literature  
Credits: 2L+1T

Course Objectives:

- To introduce the students to fundamentals of Pāli grammar
- To acquaint the students to the Pāli language for better understanding of Theravada Buddhist literature

Learning Outcomes:

- At the end of this subject, the students would be familiar with the basic knowledge of Pāli language & literature.
- Having studied this paper, they will be familiar with Pāli literature, the most significant part of Indian Wisdom System.

Unit 1

Introduction to Pali Language, Characteristics of Pāli, Classification of Buddhavacana (the Teachings of the Buddha)

Unit 2

Introduction to Pāli Literature, Pāli Tipiṭaka Literature, Vinayapiṭaka, Suttapiṭaka, Dhammapada, Abhidhammapiṭaka, Pāli Anupiṭaka Literature, the Saddhammasaṅgaha, the Gandhavamsa

Unit 3

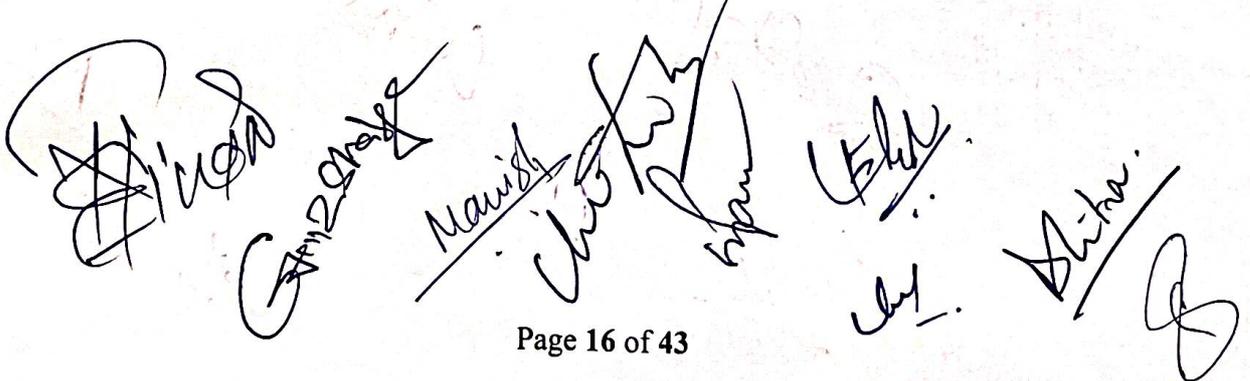
Akkharamāla (Pāli Alphabet), Liṅga (Gender), Vacana (Number), Purisa (Person), Kāraka (Case), Nāma or Saddarūpa (Declension), Kāla (Tense)

Unit 4

Translation from Pāli to English/Hindi and Translation from English/Hindi to Pāli

Suggested Readings:

- A.P. Buddhadatta Maha Nayaka Thera, *The New Pali Course Vol. I, II & III*, Sri Lanka: Buddhist Cultural Centre, 1997-99.
- Bhikshu Dharmarakshit, *Pāli Sahitya Ka Itihas*, Varanasi: Gyanamandal Limited, 1988.
- Bhikshu Dharmarakshit, *Pāli Vyākaraṇa*, Varanasi: Gyanamandal Limited, 1988.
- *Gandhavamsa* (Ed. & Tr.) Gyanaditya Shakya, Varanasi: Pāli Society of India, 2022.
- *Gandhavamsa* (Ed.) Bimalendra Kumar, Delhi: Eastern Book Linkers, 1992.
- Geiger, Wilhelm, *Pāli Literature and Language*, New Delhi: Munshiram Manoharlal Private Limited, 1968.
- Law, Bimala Churn, *A History of Pāli Literature*, Varanasi: Indological Book House, 1983.
- Nārada Thera, *An Elementary Pāli Course*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2003.
- Norman, K.R., *A History of Indian Literature*, Wiesbaden: Otto Harrassowitz, 1983.
- *Saddhammasaṅgaho* (Ed. & Tr.) Siddharth Singh, Delhi: Motilal Banarasidass Publishers Private Limited, 2006.
- Sankrityayan, Rahul, *Pāli Sāhitya Kā Itihās*, Lucknow: Uttar Pradesh Hindi Sanstana, 1992.
- Sayagyi U Ko Lay, *Guide to Tipitaka*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2002.
- Shakya, Gyanaditya, *Human Values and Buddhist Ethics*, Nagpur: Sangyan Prakashan, 2020.
- Shakya, Uma Datta, *Pāli Vamsa Sāhitya Kā Itihās*, Ahmadabad: Reliable Publishing House, 2017.
- Shashtri, Indra Chandra, *Pāli Bhāshā aur Sāhitya*, Delhi: Hindi Madhyama Karyanvaya Nideshalaya, Delhi Vishwavidhyalay, 1987.
- Upadhyay, Bharat Singh, *Pāli Sāhitya Kā Itihās*, Prayag: Hindi Sahitya Sammelan, 2005.
- Warder, A.K., *Introduction to Pali*, Oxford: The Pali Text Society, 2001.



**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)**

**Course Code:** BSU209  
**Course Name:** Dr. B.R. Ambedkar and Navayana Buddhism  
**Credits:** 2L +1T

**Course Objectives**

- To introduce study of sources and life of Dr. Ambedkar and his contribution to modern India
- To offer the curriculum in a manner that enhances creative, conceptual, and analytical do advance study to fundamental philosophy of Navayana Buddhism

**Learning Outcomes:**

- To acquaint student with the knowledge of Dr. Ambedkar's view on the Buddha, Dhamma, Sangha, and its impact of Mass conversion to Buddhism to establishment of casteless society in modern Indian
- Students can follow the basic teaching of Buddha in their daily life to happiness and welfare to society

**Unit 1**

Life of Dr. B.R Ambedkar: Family & Birth, Suffering of Untouchability, Impact of Buddha's Life on his childhood, Higher Education in India and Abroad.

**Unit 2**

His Vision and Mission: Social & Political contribution, Bodhisattva Path, Speeches, and Research based Writings on Buddhism, Father of Indian Constitution in Modern India, Women empowerment, Mahaparinirvana on 6th December 1956

**Unit 3**

Concept of Navayana Buddhism: Three Guru: (Buddha, Phule & Kabir), Four characteristics of world religion, Participation in Conferences of World Buddhist Fellowship at Sri Lanka, Myanmar & Nepal, Mass conversion to Buddhism on 14<sup>th</sup> October, 1956, Three refuges & Five Precepts, His 22 vows: The Path of Navayana Buddhism

**Unit 4**

Fundamental Philosophy of Navayana Buddhism: His view on Life of Buddha, Dhamma & Sangha; Concept of Adhamma & Sadhamma; Law of Karma; Dharma and Dhamma, Fundamental Human Rights: Freedom, Equality, Fraternity & Justice), Educate-Organize-Agitate, Karl Marx and Buddha, Casteless society

**Suggested Readings:**

- Ahir, D. C. 1990. *The Legacy of Dr. Ambedkar (Bharat Ratna)*. Delhi: B.R. Pub. Corp.
- *Ambedkar and the Neo-Buddhist Movement*, Ed. T.S. Wilkinson and M. M. Thomas, Christian Literature Society 1972.
- Ambedkar, B. R.. *Buddha and His Dhamma*, Siddharth: Bombay: 1970
- Bakshi, S. R. 2000. *B.R. Ambedkar: His Political and Social Ideology*. Vol. 2, New Delhi: Deep & deep publications.
- D. C. Ahir, *Buddhism and Ambedkar*, Dalit Sahitya Prakashan 1990.
- Das, Bhagwan. 1998. *Revival of Buddhism in India and role of Dr. Baba Saheb B.R. Ambedkar*. Lucknow: Dalit Today Prakashan.
- *Dr. Ambedkar, Buddhism, and Social Change*, Ed. A.K. Narain and D. C. Ahir, B. R. Publishing Corporation 1994.
- Dr. B. R. Ambedkar, *Riddle of Hinduism*,
- *Dr. Babasaheb Ambedkar Writings and Speeches, Vol. I to XXI*, Comp. Vasant Moon, Education Department of Maharashtra 1992.
- Manish Meshram, *Buddha Dhamma main Bodhicharyavata ki darshan mimansa Darshana Mein Brahma-Vihara Bhavanā*, Ahmadabad: Reliable Publishing House, 2013
- Sangharakshita. 1986. *Ambedkar and Buddhism*. Glasgow: Windhorse Publications.

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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)**

**Course Code:** BSU211  
**Course Name:** Buddhist Political Thoughts  
**Credits:** 2L

**Course Objective:**

- The course explores the rich tradition of Buddhist political thought, examining the intersection of Buddhism and politics and aims to introduce students to the key principles and concepts of Buddhist political philosophy and seeks to provide students with an understanding of the core tenets of Buddhism and their importance in governance. By analyzing the interrelationship of Buddhism and politics students will gain a comprehensive understanding of the key principles and concepts that shape Buddhist political philosophy & this understanding will enable them to critically analyze the relevance of Buddhist political thoughts in contemporary socio-political contexts, leading to a holistic understanding of both Buddhism and political theory.

**Learning Outcomes:**

After completing the course the students will be able to understand:

- The ideal approach to rule in any form of government in accordance with Buddhism.
- The rich tradition, historical development and evolution of Buddhist political thought, their importance and the intersection of Buddhism and politics.
- The core ethical tenets of Buddhism and their importance of being embedded in the governance
- The relevance and applicability of Buddhist political thought in the contemporary socio-political environment and modern-day governance.

**Unit 1: Introduction to Buddhist Political Thought**

Introduction to the Buddhist political thought, Influences and interactions between Buddhism and political systems, Survey of Buddhist political thought at the time of Buddha, Exploration of Buddhist ethical principles in the context of governance, ethical leadership and state,

**Unit 2: Buddhist Political Thoughts & Society**

Exploration of the interrelation of politics and society, Examination of concepts such as compassion, non-violence, and moral responsibility in governance in accordance with Buddhist Political Thought, Buddhist political concepts and its relevance in social justice, equality, and promoting social harmony

**Unit 3: Impact of Buddhist Political Thought in Ancient Indian Polity**

Buddhist Kingship and Governance with special reference to Ashoka, Dhamma of Ashoka and its relation with Buddhism and impact on society, Influence of Buddhist Political thought on Ancient Indian texts

**Unit 4: Relevance of Buddhist Political Thought in Contemporary World**

The compatibility between Buddhist principles and modern day democratic governance, the challenges and possibilities of incorporating Buddhist political values within democratic systems, Exploration of contemporary applications of Buddhist political thought, the relevance and limitations of Buddhist political thought in addressing modern-day challenges

**Suggested Readings:**

- "Buddhism and Political Theory" by Krishna Mohan Shrivastava (2016, Oxford University Press)
- "Buddhist Political Thought in India" by T.K. Venkateswaran (1998, D.K. Printworld)
- "Buddhist Political Philosophy: A Historical Introduction" by Matthew J. Moore (2014, Routledge)
- "Buddhist Political Theory: A Study in the Social Thought of Sri Lankan Buddhism" by D.C. Ahir (1988, Munshiram Manoharlal Publishers)
- "Buddhist Insight: Essays" by Alex Wayman (1984, Motilal Banarsidass Publishers)
- Bapat, P.V., *2500 Years of Buddhism*, New Delhi: Government of India, Publication Division, 1956. *Baudha Dharma ke 2500 Varsha* (in Hindi), New Delhi: Government of India.
- "Studies in Indian Buddhism" by A.K. Narain (1999, Motilal Banarsidass Publishers)

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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)**

**Semester IV**

**Course Code:** BSU202  
**Course Name:** Selected Discourses from the Vinayapitaka  
**Credits:** 4L +1T

**Course objectives:**

- To give the knowledge of the teachings of the Buddha found in the Vinayapitaka
- To develop the understanding of origin and development of Buddhist order

**Learning Outcomes:**

- The students will come to know the initial history and development of Buddhism as well as Buddhist Saṅgha.
- The students will be able to learn the significance of discipline in the human life.
- Having studied this paper, the students will be more disciplined and well trained, and they will be helpful in the establishment of social harmony and peace in society.

**Unit 1**

Origin and Development of Buddhist Order, Introduction to the Vinayapitaka

**Unit 2**

The Mahāvagga-Pāli: Bodhikathā, Ajapālakathā, Mucalindakathā, Pañcavaggiyakathā, Brahmāyācanakathā, Dhammacakkappavattanaṃ, Rāhulavatthu and Sikkhāpadakathā of the Mahākhandaṃ

**Unit 3**

The Cullavagga-Pāli: Pañcasatikkhandaṃ

**Unit 4**

The Pātimokkha: Sekhiyā Dhammā

**Suggested Readings:**

- Bhikshu Dharmarakshit, *Pāli Sāhitya Kā Itihās*, Varanasi: Gyanamandal Limited, 1988.
- *Bodhi: Recent Studies in Pāli Buddhism* (Managing Editor) P. Seewalee Thero (Editors) Bimalendra Kumar & Ujjawal Kumar, Varanasi: Maha Bodhi Society of India (International Pali Institute) and Varanasi: Bharati Prakashan, 2016.
- *Cullavagga-Pāli* (Ed. & Tr.) Swami Dwarikadas Shashtri, Varanasi: Bauddha Bharati, 2008.
- *Environment from Different Perspectives* (Editor) Namramita Bhuiya, Kolkata: Rohini Nandan, 2021.
- K.Sri Dhammananda, *What Buddhists Believe*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2006.
- Law, Bimala Churn, *A History of Pali Literature*, Delhi: Indological Book House, 1983.
- Misra, G.S.P., *Development of Buddhist Ethics*, New Delhi: Munshi Ram Manohar Lal Private Limited, 1984.
- Nārada Thera, *A Manual of Buddhism*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2005.
- Narada, *The Buddha and His Teachings*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2005.
- Norman, K.R., *A History of Indian Literature*, Wiesbaden: Otto Harrassowitz, 1983.
- *Pātimokkha - Bhikkhu-Vibhaṅga & Bhikkhunī-Vibhaṅga* (Ed. & Tr.) Bhagchandra Jain, Nagpur: Alok Prakashan, 1972.
- *Pātimokkha* (Ed. & Tr.) Swami Dwarikadas Shashtri, Varanasi: Bauddha Bharati, 2006.
- Rhys Davids, T .W., *The History and Literature of Buddhism*, New Delhi: Munshiram Manoharlal Publishers Pvt. Ltd., 1999.
- *Sāmaṇera-Vinaya* (Ed. & Tr.) Bhikshu Dharmarakshit, Lucknow: Risaladar Park, 2001.
- Sankrityayan, Rahul, *Pāli Sāhitya Kā Itihās*, Lucknow: Uttar Pradesh Hindi Sansthan, 1992.
- Sayagyi U Ko Lay, *Guide to Tipitaka*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2002.
- Shakyā, Gyanaditya, *Human Values and Buddhist Ethics*, Nagpur: Sangyan Prakashan, 2020.
- *The Bhikkhunī Pātimokkha of the Six Schools* (Tr.) Chatsumarn Kabilsingh, Bangkok: Chatsumarn Kabilsingh, Faculty of Liberal Arts, Thammasat University, 1991.
- *The Book of the Discipline (Vinaya-Piṭaka) Vol. IV (Mahāvagga)* (Tr.) I. B. Horner, London: The Pali Text Society, 1982.
- *The Book of the Discipline (Vinaya-Piṭaka) Vol. V (Cullavagga)* (Tr.) I. B. Horner, London: The Pali Text Society, 1982.
- *The Pātimokkha* (Tr.) Nāṇamoli Thera, Bangkok: Maha Mukut Academy, 1966.
- *The Vinaya-Piṭaka* (Ed.) H. Oldenburg, London: The Pali Text Society, 1879-1883.
- Upadhyay, Bharat Singh, *Pāli Sāhitya Kā Itihās*, Prayag: Hindi Sahitya Sammelan, 2005.
- *Vinaya-Piṭaka* (Ed. & Tr.) Rahul Sanskritayan, Taipei: The Corporate Body of the Buddha Educational Foundation, 2005.

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Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)

Course Code: BSU204  
Course Name: Buddhist Art and Architecture  
Credits: 4L +1T

Course objectives:

- To facilitate the interest and curiosity among young mind about the subject
- To offer the curriculum in a manner that conceptual and analytical do advice study in Buddhist Studies in the area of History, especially Buddhist history and culture art and archaeology, architecture, Engaged Buddhism, Buddhist culture of the world.
- To encourage an approach that facilitates meaningful interaction between academics and society at large.
- It will be lead the students to advance study in Buddhist Studies in the area of history, especially Buddhist History, Buddhist Art, Architecture, Archaeology Buddhist culture in the world.

Learning Outcomes:

- Buddhism has been India's greatest gift to the world. This course offers a comparative as well as holistic approach to Buddhism taking into account different social, cultural, historical, Art and Architectural contribution, philosophical and ethical aspects also. Apart from this, the Syllabus of the said course has been framed so that it may benefit of the students.

Unit 1

General Views of Art and Architecture, and Archaeological Facts,  
Origin and Development of Stupa Architecture,  
Meaning of Stupa, Type, Elements of Stupa,  
Sanchi, Sarnath, Vaisali, Nagarjunakona, Amaravati, Bharhut etc.

Unit 2

Development of Buddhist Vihara  
Vihara meaning and Development  
Nalanda, Vikramsila, Paharpur Tanwang, Paharpur,  
Rock cut art and architecture in India  
Barabar cave, Udaygiri cave, Ajanta, Allora, Karle, Kanheri, Bhaja, Udaygiri,  
Meaning and type of Chaitya and their architectural Development

Unit 3

Development of School of Buddhist Art and Architecture  
Art Architecture and sculpture of Mauryan Period  
Different School of Buddhist Art, Architecture and Sculptures with especial to  
Gandhara, Mathura, Sarnath and Amaravati

Unit 4

Buddhist Iconography  
Development of Art, Architecture and sculpture of Kusana Period  
Gupta Art, Architecture, Sculpture and Painting  
Pala Art, Architecture and Sculpture

Suggested Reading

- Bhandarkar, R.G-Vaishnism, shaivism other minor sects, varansi, 1965
- Dhawlikar, M.K; Late Hinayana caves of Western India, Poone, 1964
- Furgusan, J, and Burgis, Cave Temples in India, Landan, 1880
- Murti, Shiv Ram, Indian Sculptures, New Delhi, 1963
- Agrawala, Vasudevasharan; Bharti Lok Dharm, Ahmadabad, 1964
- Agrawala, Vasudevasharan; Indian Art, Bharti Kala (Hindi), Varanasi, 1977
- Upadhyay, Vasudev, Stupa, Guha, Mandir, Patna, 1972
- Khare Maheshwari Dayal, Baghki Guphayin, Bhopal, 1971
- Shrama, R.C, Buddhist Art of Mathura, Delhi, 1980
- Marshall, John 1960. The Buddhist Art of Gandhara. Cambridge: Cambridge University Press.

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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies**  
(Effective from Academic Session 2023-2024)

**Course Code:** BSU206  
**Course Name:** Spread of Buddhism in East Asia  
**Credits:** 4L +1T

**Course Objectives:**

- This paper focuses on Asoka's missions to spread Buddhism had resulted in Buddhism becoming well-established in the Gandharan region, on the trade routes that were linked to the major silk routes and it was along these routes that Buddhism reached Central Asia to China, Korea and Japan. East Asian countries encountered

**Learning Outcomes:**

Upon the completion of this course, students should be able to understand:

- Various phases of dissemination of Buddhism in India and Abroad
- Sound knowledge of Trade Routes (Silk and Maritime)
- Helpful in familiarity with spread and development of Indian Buddhism in China, Korea and Japan.
- It will have a unique impact on the manner in which Buddhism was transmitted and its subsequent development.

**Unit 1: Background of Spread of Buddhism**

Establishment and Various Phases of Spread of Buddhism, Buddha's Time: Confined within Indian Territory and Asoka's Nine Missions and its significant role in dissemination outside India

**Unit 2: Buddhism in China**

Overview of Chinese philosophy before Buddhism: Confucian teachings, Daoism, Dream of Ming-Ti and Introduction of Buddhism, Buddhism during the Sui and the Tang dynasties, schools of Chinese Buddhism, Chinese Travellers Accounts (Faxian, Xuanzang and Ijing)

**Unit 3: Buddhism in Korea**

Original shamanism, Introduction of Buddhism in 4<sup>th</sup> century during the 3 kingdoms period, Buddhism in the Unified Silla Period, Tongbulyo and Ui-sang, Korean Seon, suppression of Buddhism in the Joseon dynasty

**Unit 4: Japanese Buddhism**

Prince Shotuko and Introduction of Buddhism, Buddhism in Nara period; Tendai and Shingon during Heian period, Kamakura period and Contribution of Buddhism to Japanese culture, suppression and gradual decline in the Edo period

**Suggested Readings:**

- Ch'en, Kenneth, Buddhism in China: a historical survey. Princeton: Princeton University Press, 1972.
- Ch'en, Kenneth, The Chinese Transformation of Buddhism. Princeton: Princeton University Press, 1973.
- Zurcher, Erik. The Buddhist Conquest of China. Leiden: Brill, 2007.
- Chan, Wing-Tsit. Sourcebook in Chinese Philosophy. Princeton: Princeton University Press, 1963.
- Sheel, Kamal and Lalji Shrivak, Charles Willemen, India on the Silk Route, Delhi: Buddhist World Press, 2010.
- Chandra, Lokesh and Radha Banerjee, Xuanzang and the Silk Route. Delhi: Indira Gandhi National Centre for the Arts, 2008.
- I-ching, Chinese Monks in India: Biography of eminent monks who went to the western world during the great Tang Dynasty. Latiaklahiri (trans.) Delhi: Motilal Banarsidass, 1986.
- Matsuo, Kenji. History of Japanese Buddhism. Kent: Global Oriental, 2007.
- Matsunaga, Daigan and Alicia Matsunaga, Foundation of Japanese Buddhism. (2 Vols.), Los Angeles: Buddhist Books International, 1976.
- Kashiwahara, Yusen & Koyu Sonoda. Shapers of Japanese Buddhism. Tokyo: Kosei Publications, 1974.
- Lancaster, Lewis et al., Buddhism in Koryo: A Royal religion. Berkeley: Institute for East Asian Studies, University of California, 1996.
- The Korean Buddhist Research Institute, ed., The History and Culture of Buddhism in Korea. Seoul: Dongguk University Press, 1993.
- Beal, Samuel. 1884. Si-Yu-Ki Buddhist Records of the Western World: Translated from the Chinese Hiuen Tsiang (A.D. 629). 2 Vols. London: Trubner & Co.
- Takakusu, J., trans. 2006. A Record of The Buddhist Religion: As Practised in India and The Malay Archipelago (A.D. 671-695) by I-tsing. New Delhi: Cosmo Publications.

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Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)

Course Code: BSU208  
Course Name: Introduction to Buddhist Philosophy  
Credits: 2L +1T

**Course Objectives:**

- The objectives of studying 'Introduction to Buddhist Philosophy' include understanding core teachings, exploring historical and cultural context, analyzing philosophical concepts and schools, developing critical thinking skills, applying principles to daily life, and fostering intercultural understanding through the study of Buddhism.

**Learning Outcomes:**

- After the completion of the course students shall get an overall idea about Buddhist philosophy through various historical evolutionary aspects of the Buddhist Philosophy with an emphasis on the basic ideas about the Thearavada, Mahayana and Vajrayana Philosophy which would help in in-depth understanding of the philosophical aspect of Buddhism later.

**Unit 1: Origin and Development of Buddhist Philosophy**

Philosophical background of Buddhism, Historical Phases of Buddhist Philosophy, A heterodox Indian Philosophical School

**Unit 2: Philosophical Concepts of Theravada Buddhism**

Four Noble Truths, Eight Fold Path, four Dhyānas, Three Mark of Existence, Five aggregates of Clinging, Dependent Origination, Karma and Rebirth, Ten Perfections, Arhat, Nibbana.

**Unit 3: Philosophical Concept of Mahayana Buddhism**

Trikaya, Six Perfections, Skillful means Ideal of Bodhisattva Concept of Sunyata, Ālayavijñāna, Vijnapatimatratā

**Unit 4: Different phases of the development of Buddhist Philosophy**

Vaibhasika, Sautrantika, Madhyamaka, Yogacara

**Unit 5: Rise of Vajrayana School**

Vajrayana, Mantrayana, Tantrayana and Kalachakrayana

**Suggested Readings:**

- A.K. Chatterjee, The Yogacara Idealism (Varanasi 1962)
- B.M. Barua, Prolegomena to the History of Buddhist Philosophy (Delhi 1974)
- David J. Kalupahana, History of Buddhist Philosophy,
- J. Takakusu, The Essentials of Buddhist Philosophy (Bombay 1956)
- N. K. Bhagwat, Buddhist Philosophy of the Theravada, Bharatiya Kala Prakashan, Delhi. 2006
- S.N. Das Gupta An Introduction to Tantric Buddhism
- Sanghrakshita, A Guide to the Buddhist Path, Windhorse Publications, Brimingham, 1995
- T.R.V. Muruti, Central Philosophy of Buddhism (Varanasi 1962)

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Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)

Course Code: BSU 210  
Course Name: Ashoka's Contribution to Buddhism  
Credits: 2L+1T

Course Objectives:

- To give the knowledge of the life history of Emperor Ashoka
- To develop the proper understanding of Ashoka's Contribution to Buddhism

Learning Outcomes:

- The students will gain the deep understanding of Buddhism through the inscriptions of Emperor Ashoka.
- The students will learn the policies of King Ashoka and its significance in modern age for the attainment of happy and successful life.

Unit 1

- Sources of Mauryan Dynasty and Ashoka
- The inscriptions of Emperor Ashoka: major rock edicts, minor rock edicts, pillar edicts, cave edicts
- Brief history of Mauryan Dynasty & Early life history of King Ashoka

Unit 2

- Ashoka's ideal of Cakravartin
- Central administration: military, revenue, judicial, Provincial, district, and village administration
- Bureaucracy: tirthas and adhyakshas
- Foreign policy
- Social and economic condition during the period of Ashoka

Unit 3

- The Buddha's teaching of appamāda and its impact on Ashoka
- Maski edict, Lumbini Pillar edict and Sarnath Pillar edict: The inscriptions and translation
- Bairat rock edict & its relation with the teachings of Gautama Buddha
- Ashoka's dhamma policy and its relationship with Buddhism

Unit 4

- The organizing of third Buddhist council
- The propagation of Buddhism through dhammadūta (messengers of the dhamma)
- Ashoka's dhammayatras
- Expression of his faith in Buddhism through Architecture

Suggested Reading:

- Banerjee, A., *A New Theory on the Origin and Evolution of Brahmi Alphabet*, New Delhi: Black and White, 2006.
- Bhadant Sawangi Medhankar, *The Great Buddhist Emperors of Asia*, Nagpur: Buddha Bhoomi Prakashan, 1997.
- Bhikshu Dharmarakshita, *Sārnāth kā Itihās*, Varanasi: Nanda-Kishore and Brothers, 1961.
- Dīpavaṃsa* (Ed. & Tr.) Dwarika Dasa Shashtri Varanasi: Bauddha Akar Granthamala, 1996.
- Kosambi, Dharmarand, *Bhagvan Buddha: Jivan aur Darshan*, Allahabad: Lokbharti Prakashan, 2005.
- Mahāvamsa* (Ed. & Tr.) Dwarika Dasa Shashtri Varanasi: Bauddha Akar Granthamala, 1991.
- Mukerjee, R. K. *Asoka*. Delhi: Motilal Banarasisass Publishers Private Limited, 2002.
- Murti, G. Srinivasa, *Edicts of Asoka (Priyadarśin)*, Madras: The Theosophical Publishing House, 1915.
- Narayan, A. K. & M. S. Shukla, *Pracina Bharatiya Abhilekha-Sangraha*, Varanasi: Banaras Hindu University, 1969.
- Niharika, *Prachin Bhartiya Puratatva Abhilekh evam Mudrayein*, Varanasi: Vishwavidyalaya Prakashan, 2007.
- Panthari, Bhagvati Prasad, *Devanampriya Priyadarshi Raja Ashoka*, Lucknow: Uttar Pradesh Hindi Sansthan, 2004.
- Saddhammasangaho* (Ed. & Tr.) Siddharth Singh, Delhi: Motilal Banarasisass Publishers Private Limited, 2006.
- Salomon, Richard. *Indian Epigraphy*, Delhi: Oxford University Press, 1998.
- Shakya, Uma Datta, *Pāli Vamsa Sāhitya Kā Itihās*, Ahmadabad: Reliable Publishing House, 2017.
- Sharma, Ram, *Brahmi Script Development in North-Western India and Central Asia*. Delhi: B. R. Publishing, 2002.
- Sircar, D. C., *Indian Epigraphy*, Delhi: Motilal Banarasisass Publishers Private Limited, 1965.
- Smith, V. A., *Edicts of Asoka*, New Delhi: Munshiram Manoharlal Publishers, 1992.
- Talim, Meena. *Edicts of King Asoka*. Delhi: Aryan Book International, 2010.
- Thapar, Romila. (2000). *Cultural Pasts: Essays in Early Indian History*. Delhi: Oxford University Press.
- Thapar, Romila. (1984). *From Lineage to State: Social Formations in the Mid-First Millennium B. C. In the Ganga Valley*. Delhi: Oxford University Press. (Chapter 2, pp. 21-69.) (Also available in Hindi).
- The Chronicle of the Island of Ceylon or The Dīpavaṃsa* (Ed.) Bimala Churn Law, New Delhi: Samyak Prakashan, 2013.
- The Mahāvamsa or The Great Chronicle of Ceylon* (Tr.) Wilhelm Geirger assisted by Mabel Haynes Bode, London: The Pali Text Society, 2001.

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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies**  
**(Effective from Academic Session 2023-2024)**

**Course Code:** BSU212  
**Course Name:** Buddhist Economic Thoughts  
**Credits:** 2L

**Course Objectives:**

- To give the knowledge of the life history of the Buddha and His basic teachings
- To develop the proper understanding of earning and spending the wealth in human life

**Learning Outcomes:**

- The students will gain the deep understanding of Buddhism, the inseparable part of Indian Wisdom System.
- The students will learn the wealth management for the attainment of happy, peaceful and successful life.

**Unit 1**

Life history of Gautama Buddha and His fundamental teachings

**Unit 2**

The Buddha's view on family life as depicted in the Sigālovādasutta and the Mahāmaṅgalasutta

**Unit 3**

The concept of dhana (wealth) in Buddhism  
The doctrine of the sammā-ājīva (right livelihood)

**Unit 4**

Gautama Buddha's economic thoughts as depicted in the Vyagghapajjasutta  
The Buddha's economic thoughts in the Parābhavasutta  
Relevance of Buddhist Economic Theory in Contemporary Society

**Suggested Readings:**

- *Āṅguttaranikāya-Pāli* (Ed. & Tr.) Swami Dwarikadas Shashtri, Varanasi: Bauddha Bharati, 2009.
- Bhikshu Dharmarakshit, *Sukhī Grihastha ke liye Buddha Upadesh*, New Delhi: Samyak Prakashan, 2011.
- *Buddha's Teachings Being The Sutta-Nipāta or Discourse-Collection* (Eds.) Lord Chalmers, Delhi: Motilal Banarasidass Publishers Private Limited, 1997.
- *Dialogues of the Buddha (The Dīghanikāya)* (Ed.) T. W. Rhys Davids, Delhi: Motilal Banarasidass Publishers Private Limited, 2000.
- *Dīghanikāya-Pāli* (Ed. & Tr.) Swami Dwarikadas Shashtri, Varanasi: Bauddha Bharati, 2009.
- K. Sri Dhammananda, *What Buddhists Believe*, Taipei: The Corporate Body of the Buddha Educational Foundation, 1993 & 2004.
- *Khuddakapātho* (Ed. & Tr.) Bhikshu Satyapala, New Delhi: Buddha Triratna Mishana, 1992.
- *Lokanīti* (Ed. & Tr.) Bhikshu Nand Ratan Sthavir, Varanasi: Pāli Society of India, 2018.
- Narada Thera, *A Manual of Buddhism*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2002.
- Narada, *The Buddha and His Teachings*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2005.
- *Pañcagatīdīpanī* (Ed. & Tr.) Gyanaditya Shakya, Nagpur: Sangyan Prakashan, 2016.
- Piyadassi Thera, *The Buddha: His Life and Teaching*, Kandy: Buddhist Publication Society, 1982.
- *Saccasaṅgaho* (Ed. & Tr.) Bhadant Anand Kausalyayan, Prayag: Hindi Sahitya Sammelan, 1991.
- Shakya, Gyanaditya, *Bauddha Dharma Darshan mein Brahmavihāra-Bhāvanā*, Ahmadabad: Reliable Publishing House, 2013.
- -----, *Bauddha Dharma ke Punaruddharaka: Tripitakacharya Dr. Bhikshu Dharmarakshit*, Varanasi: Pāli Society of India, 2019.
- -----, *Human Values and Buddhist Ethics*, Nagpur: Sangyan Prakashan, 2020.
- *Suttanipāta* (Ed. & Tr.) Bhikshu Dharmarakshit, Delhi: Motilal Banarasidass Publishers Private Limited, 2010.
- *The Āṅguttaranikāya* (Ed.) R. Moakis & E. Hardy, 5 Vols. London: The Pali Text Society, 1885-1900. The translated references are from *The Book of the Gradual Sayings*, Tr. F.L. Woodward: Vols. I, II & V; E.M. Hare: Vols. III & IV, London: The Pali Text Society, 1955-1970 (Reprints).
- *The Group of Discourses (Suttanipāta)* (Ed. & Tr.) K.R. Norman, Lancaster: The Pali Text Society, 2006.

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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)**

**Semester V**

**Course Code:** BSU301  
**Course Name:** Selected Discourses from Suttapitaka  
**Credits:** 4L+2T

**Course objectives:**

- To give the knowledge of the teachings of the Buddha
- To develop the understanding of the role of Buddhist teachings in happy human life

**Learning Outcomes:**

- The students will learn the practical aspects of the Buddha's teachings in order to attain a happy and peaceful life.
- Having studied this paper, the students will be capable to play a significant role in the establishment of social harmony and peace in the modern society.

**Unit 1:**

The Dīghanikāya: The Sigālovādasutta

**Unit 2:**

The Āṅguttaranikāya: The Vyagghapajjasutta

**Unit 3:**

The Khuddakapāṭha: The Maṅgalasutta and the Mettasutta

**Unit 4:**

The Dhammapada: The Yamakavagga  
The Suttanipāta: The Parābhavasutta

**Suggested Readings:**

- *Āṅguttaranikāya (Discourses of the Buddha An Anthology)* (Tr.) Nyanaponika Thera and Bhikkhu Bodhi, Kandy: Buddhist Publication Society, 2010.
- *Āṅguttaranikāya-Pāli* (Ed. & Tr.) Swami Dwarikadas Shashtri, Varanasi: Bauddha Bharati, 2009.
- *Buddha's Teachings Being The Sutta-Nipāta or Discourse-Collection* (Eds.) Lord Chalmers, Delhi: Motilal Banarasidass Publishers Private Limited, 1997.
- *Dhammapada* (Tr.) Bhikshu Dharmarakshit, Delhi: Motilal Banarasidass Publishers Private Limited, 2010.
- *Dīghanikāya* (Tr.) Bhikshu Rahul Sankrityayan & Bhikshu Jagadisha Kashyapa, Lucknow: Bhartiya Bauddha Shiksha Parishada, 1979.
- *Dīghanikāya-Pāli* (Ed. & Tr.) Swami Dwarikadas Shashtri, Varanasi: Bauddha Bharati, 2009.
- *Khuddakapāṭho* (Ed. & Tr.) Bhikshu Satyapala, New Delhi: Buddha Triratna Mishana, 1992.
- *Mahā Paritta Pāli (The Great Book of Protection)* (Ed. & Tr.) Acharya Buddharakkhita, Bangalore: Buddha Vachana Trust, Maha Bodhi Society, 2014.
- Shakyā, Gyanaditya, *Bauddha Dharma ke Punaruddharaka: Tripitakacharya Dr. Bhikshu Dharmarakshit*, Varanasi: Pāli Society of India, 2019.
- -----, *Human Values and Buddhist Ethics*, Nagpur: Sangyan Prakashan, 2020.
- *Suttanipāta* (Ed. & Tr.) Bhikshu Dharmarakshit, Delhi: Motilal Banarasidas Publishers Private Limited, 2003.
- *The Āṅguttaranikāya* (Ed.) R. Moakis & E. Hardy, 5 Vols. London: The Pali Text Society, 1885-1900. The translated references are from *The Book of the Gradual Sayings*, Tr. F.L. Woodward: Vols. I, II & V; E.M. Hare: Vols. III & IV, London: The Pali Text Society, 1955-1970 (Reprints).
- *The Book of the Gradual Sayings (The Āṅguttaranikāya)* (Tr.) F.L. Woodward, Delhi: Motilal Banarasidass Publishers Private Limited, 2006.
- *The Dhammapada* (Ed. & Tr.) K. Sri Dhammananda, Taipei: The Corporate Body of the Buddha Educational Foundation, 2006.
- *The Group of Discourses (Suttanipāta)* (Ed. & Tr.) K.R. Norman, Lancaster: The Pali Text Society, 2006.
- *The Long Discourse of The Buddha - A Translation of The Dīgha-Nikāya* (Tr.) Maurice Walshe, Boston: Wisdom Publications, 1995.

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Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)

Course Code: BSU303  
Course Name: Introduction to Sarvastivada and Mahayana Literature  
Credits: 4L+2T

**Course Objectives:**

This paper gives a clear picture of the origins of Sarvastivada and Mahayana Buddhist literature and provides sufficient knowledge on Mahayana literature. This paper provides the sufficient knowledge of Buddhist Hybrid Sanskrit language and literature.

**Learning Outcomes:**

After completion of this course student will be familiar with the sacred canon of Mahayana literature and also will get expertise in Buddhist Hybrid Sanskrit language and literature.

**Unit 1**

Basic concepts of various schools of Buddhism, An overview of Sarvastivada Literature, Important elements of the Abhidharmakosa of Vasubandhu, An Introduction to Abhidharmakośa Bhāṣayam (Prathama Kośathāna) Edited & Translated by Prof. Indra Narain Singh

**Unit 2**

General Introduction to Mahayana Literature, Brief History of Buddhist Hybrid Sanskrit language and Literature, Development of Buddhist Sanskrit Texts Mahavastu

**Unit 3**

Classification of Mahayana Sutras: Vaipulya Sutras, Avatamsaka Sutras, Ratnakuta Sutras

**Unit 4**

General Introduction and Brief Subject Matter of Mahayana Sutra: Astasahasriaka Parjnaparamita Sutra, Saddharmapundarika Sutra, Lalitavistara Sutra Lankavatara Sutra

**Suggested Readings:**

- *An Introduction to Abhidharmakośa Bhāṣayam (Prathama Kośathāna)* (Ed. & Tr.) Indra Narain Singh, Delhi: Vidyanidhi Prakashan, 2010.
- Dutt, N. (2003). *Mahāyāna Buddhism*. Delhi: Motilal Banarsidass.
- Edgerton – *Hybrid Sanskrit Literature (Lectures)* B.H.U. (Publication) Varanasi
- Harvey, P. (2004). *An Introduction to Buddhism: Teachings, History and Practices*. New Delhi: Cambridge University Press.
- Law, B.C. *A Study of Mahavastu*, Pune: Bhandarkar Oriental Research Institute, Vol.XIV, 1933-34.
- M. Winterniz, *History of Indian literature*, 2 Vols, Calcutta
- Mitra R.L. *A History of Nepalese Buddhist Literature*. Calcutta 1973.
- Nariman, J.K. *Literary History of Sanskrit Buddhism*. Delhi: Motilal Banarsidass, 1992.
- Rajendra Lal Mitra, *The Sanskrit Buddhist Literature of Nepal*, Cosmos Publication, New Delhi.

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Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)

Course Code: BSU305  
Course Name: Introduction to Buddhist Psychology  
Credits: 4L+1T

Course Objectives:

- It is in the scope of this course to introduce students to the basic concepts in Buddhism and Psychology and make a comparison between the two. The Buddhist concepts are limited to the ones from Theravāda or early Buddhist tradition, though later developments in Buddhism will be reviewed briefly. The basic concepts in Psychology would be taken from the entire history for the very reason that as mentioned above, psychological principles are actually accumulation of research findings over the history. The course will help students from psychology background to appreciate the richness of Buddhism in providing naturalistic and analytical approach to subjective experience and also transcendental potential of human mind. It will help students from the background of Buddhist studies to start exploring how the Buddhist knowledge is applied for problems of human behaviour in the present time. It will help students of any discipline to develop insight into psychological concepts and practices in Buddhism and through that enrich the quality of their day-to-day and professional life.

Course Outcome:

- The proposed Buddhist Psychology course would offer an opportunity to students particularly those of Buddhism and Psychology, to enter into dialogues with the other stream. A spirit of scientific enquiry is very much necessary before assimilating the Buddhist contribution in psychology to avoid the danger of considering the traditional theories of mind as the ultimate truth. Strictly speaking any religious spiritual or philosophical work that submits itself to scrutiny through scientific method can be included in Psychology. On one hand first person methods have a lot to offer to psychology which has retained a behavioural focus for a long time; and on the other hand these methods can be rigid and ritualistic and shunning all experimentation.
- It is in the scope of this course to introduce students to the basic concepts in Buddhism and Psychology and make a comparison between the two. The Buddhist concepts are limited to the ones from Theravāda or early Buddhist tradition, though later developments in Buddhism will be reviewed briefly. The basic concepts in Psychology would be taken from the entire history for the very reason that as mentioned above, psychological principles are actually accumulation of research findings over the history. The course will help students from psychology background to appreciate the richness of Buddhism in providing naturalistic and analytical approach to subjective experience and also transcendental potential of human mind. It will help students from the background of Buddhist studies to start exploring how the Buddhist knowledge is applied for problems of human behaviour in the present time. It will help students of any discipline to develop insight into psychological concepts and practices in Buddhism and through that enrich the quality of their day-to-day and professional life.

Unit 1: Historical Review of Psychology

Questions guiding psychological science  
Major milestones & key ideas in the history of psychology  
Nature of human being, emerged out of psychological studies  
Important conceptual issues in psychology: Nature vs. Nurture debate, concept of consciousness, mind-body relationship, brain as abode of mind

Unit 2: Review of Buddhist ideas relevant to Psychology

The four noble truths as the starting point: The truth of suffering, the cause of suffering, The destruction of suffering, and The way of liberation  
Nature of human being according to Buddhism: Nāma (Mind)-Rūpa (Body) and their relation to each other, Khandha (aggregates), Āyatana (spheres), Dhātu (elements), Paramattha Dhamma (essential elements of experience): Citta (mind), Cetasika (mental factors), Rūpa (material factors), Nibbāna (liberation)  
Conceptual issues Anicca (impermanence), Dukkha (dissatisfaction), Anattā (insubstantiality), Paṭicca Samuppāda (Dependant Origination), kamma (action), punabbhava (rebirth)  
Development of Buddhist theory of human mind in Buddhist traditions (Theravāda, Vaibhāsika, Sautrāntika, Yogācāra, Mādhyamika)

Unit 3: Citta and Cetasika

Citta (Mind): levels of mind (Bhūmi), types of mind (kusala, akusala, vipāka and kiriyā)  
Cetasika (Mental states): aññasamāna, akusala, sobhana, association with different types of mind

Unit 4: Matter and mind: inter-relation

Rūpa - Arūpakhandā:

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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)**

Rūpa (Material aggregates): material categories, origin of material properties (samutthāna), materialformation,  
Arūpa (Immaterial aggregates):  
Vedanā (feeling), Saññā (perception), Saṅkhāra (volitional activity), Viññāṇa (cognition)  
Nāma-Rūpa:  
Nāma (Mind): Phassa (contact), Vedanā (feeling), Saññā (perception), Cetanā (volition), Manasikāra (mode of attention)  
Rūpa (corporeality) = Rūpakhandā  
Paṭicca Samuppāda (Law of dependant origination) and Paccaya (causal relation) with special reference to mind-matterrelationship

**Suggested Readings:**

- A comprehensive manual of Abhidhamma by Bhikkhu Bodhi (translation of Abhidhammatthasaṅgaho)
- Anagarika Govinda (1969). The psychological attitude of Early Buddhist Philosophy. Delhi: Motilal Banarasidass
- Bantam books Rao R, Paranjape A, Dalal A. (2008). Handbook of Indian Psychology.
- Dfriedman H.S. & Schustack M.W. (2003). Personality: Classic theories and modern research. New Delhi, Pearson Education
- Dreher, H. (1995). Immune power personality: 7 Traits you can develop to stay healthy, Canada:Dutton
- Gazzaniga M.S. & Heatherton T. F. (2006). Psychological science (IIInd ed.). New York, London: WW Norton & Co.
- Glassman W.E. (2000). Approaches to Psychology. Buckingham, Philadelphia: Open University Press
- Madhupiṇḍikasutta
- Nissanka H. S.S. (1993): Buddhist Psychotherapy. New Delhi: Vikas Publishing House Scroggs J. (1985). Key ideas in personality theory. Minnesota: West Publishing Co Wiggins J.S. (1996). The five factor model of personality. NY: Guilford
- Nyanponika Thera & Bhikkhu Bodhi: Abhidhamma studies: Buddhist explorations of consciousness and time.
- Shakya, Gyanaditya, *Human Values and Buddhist Ethics*, Nagpur: Sangyan Prakashan, 2020.
- Valentine E. (1997). Conceptual issues in psychology (2<sup>nd</sup> ed). London & NY: Routledge.

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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)**

**Course Code:** BSU309  
**Course Name:** An Overview of Buddhist Education System  
**Credits:** 4L+1T

**Course Objectives:**

- To encourage an approach that facilitate meaningful interaction between academics and society at large.
- It will be lead the students to advance study in Buddhist Studies in the area of history, especially Buddhist History, Buddhist Art, Architecture, Archaeology Buddhist culture in the world.

**Learning Outcomes:**

- In present context education should have all these aims. During Buddha period the doors of education were open to all. Though the education of Buddhist religion was compulsory in the Buddhist system of education but its aims and ideals were very broad i.e. physical development, increase in knowledge, education of social service, the preservation of culture, character formation and education of arts, skills and vocations.
- The only precaution to be taken is that a balance between material and spiritual prosperity should be made and looking at the exigencies of time, national integration and international understanding should also be added to it.
- Buddhist religion is a promoter of human welfare. Buddhist religion places too much importance on self-control, compassion and kindness. Whosoever practises these ideals possesses good character.

**Unit 1**

Pre-Buddhist Education System, Introduction to Vedas ,Brahmanas, and Upnishada, Upanayana ceremony, Mathh (Temple and forest), Introduction to early Six Thinkers, Pre-Buddhist Educational Teaching Method

**Unit 2**

Early Buddhist Monastic Education, Type of Buddhist Education, Pabbajja and Upasampada, Uposatha

**Unit 3**

Ancient Buddhist Educational Institutions (Mahaviharas), Nalanda Mahavihara, Vikramsila Mahavihara, Odantpuri Maha vihara, Sompuara Maha vihara, Jaggadala Mahavihara, Vallabhi, Taxila

**Unit 4**

Buddhist Education and Contemporary Society, Buddhist Education and Institution in Modern India

**Suggested Readings:**

- Altekar A.S, 1965, "Education in Ancient India",
- Ananda, W P Gurge, (1971), The Contribution of Buddhism to Education. (A paper presented in International Seminar on Buddhism, Delhi.
- Bapat, P.V. (1971), 2500 Years of Buddhism, Delhi.
- Goyal S.R. 1987, "A History of Indian Buddhism.
- Hazra K.L. 2009, Buddhism in India: A Historical survey.
- Mookerji, Radha, Kumud, 1947, "Ancient Indian Education: Brahamanic and Buddhist.

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Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)

Course Code: BSU311  
Course Name: Buddhist Meditation and Yoga  
Credits: 2L+1T

Course Objectives:

- To promoting skills the introduce to Buddhist meditation and Yoga awareness
- To offer the curriculum in a manner that enhances creative, conceptual, and analytical do advance study about Buddhist Meditation and Yoga in the areas of origin, philosophy, practice of mindfulness, vipassana meditation and yogato lifemanagement.

Learning Outcomes:

- To learn various meditation techniques to reducing stress in daily life
- The students could be work as mindfulness yogatrainer in wellness center, schools, and clubs of society

Unit 1

Buddha’s Fundamental Doctrines: Noble Eightfold Path (Middle Path), Three characteristics of existence, Law of Dependent origination, Not believe on Atman and Brahma as creator of universal, Law of Karma (action), Buddhist Psychology: Meaning and Types of minds

Unit 2

Buddhist Meditation (dhyān): Etymology, definitions, purpose, misconceptions, Types of Samatha Meditation (40 Objects), Vipassana Meditation (Body, Feelings, Mind and Objects of Mind), Visualization & Mantra Meditation, Zen Meditation, Five hindrances, Five positive factors, Preparation for Meditation practices, Stress in education and Mindfulness, Scientific Benefits of mindfulness and vipassana to society

Unit 3

Basic Philosophy of Yoga and Yoga-sana: Etymology, definitions, aim, objectives, and misconceptions, Ashtanga Yoga (Yama, Niyam, Asana, Pranayama, Pratyahara, Dharna, Dhyān, Samadhi), Types of Yoga asana: Standing Asana&Sitting Asana

Unit 4

Ten Day Practical Workshop on Meditation and Yoga at Meditation Centre: Anapanasati (Mindfulness), Walking Meditation, Mettabhavana (Heartfulness), Karuna bhavana (Compassion), Vipassana Meditation, Kayanupassana bhavana (Mindfulness of Body), Vedanupassana bhavana (Mindfulness of Feeling), Cittanupassana bhavana (Mindfulness of Mind), Zen meditation, Visualization & Mantra Meditation, Yoga asana: Standing and Sitting Asana, Presentation and Self-Assessment by students

Suggested Readings:

- Bhikkhu Sujato, *A History of Mindfulness – How Insight Worsted Tranquility in the Satipaṭṭhāna-Sutta*, Taiwan: The Corporate Body of the Buddha Educational Foundation, 2006.
- Kamalashila, *Meditation: the Buddhist way of tranquility and insight*, Windhorse Publications, Birmingham, 1995
- Meshram Manish, *Bauddh Dhamm main dhyān sadhana: nibban magg*, Goonj Prakashan, Delhi, 2017
- Nyanaponika Thera, *The Four Sublime States*, Kandy: Buddhist Publication Society, 1998.
- Paramananda, *Change Your Mind: a practical guide to Buddhist meditation*, Windhorse Publications, Birmingham, 2002.
- Sanghrakshita, *A Guide to the Buddhist Path*, Windhorse Publications, Birmingham, 1995.
- Shakya, Gyanaditya, *Bauddha Dharma Darshan mein Brahmavihāra Bhāvanā*, Ahmadabad: Reliable Publishing House, 2013.
- Shakya, Gyanaditya, *Human Values and Buddhist Ethics*, Nagpur: Sangyan Prakashan, 2020.
- Yoga Sutras of Patanjali by Swami Satyananda Saraswati. Publisher: Yoga Publication Trust, Munger, Bihar, India

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Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)

Course Code: BSU313  
Course Name: Introduction to Buddhist Logic and Epistemology  
Credits: 2L+1T

Course Objectives:

- Through this paper, we shall get to know about the general logic, propositions, deductive and inductive reasoning with an elaborative focus on Buddhist logic and Buddhist epistemology and various proponents of the Buddhist logics are discussed in this paper as well.

Learning Outcomes:

- This paper intends to give the students some basic idea about kinds of reasoning which enables an overall aptitude for various types of logical reasoning.

Unit 1: Basic Concepts of logic

Concept of General Logic, Proposition and Sentence, Deductive Way of Reasoning, Inductive Way of Reasoning

Unit 2: Epistemology (Knowledge of Validity)

Basic Concept of Epistemology, Buddhist Epistemology; Pramana, Prameya, Pramanya, Repudiation of Logic and Epistemology by Nagarjuna, Theory of universals □ Aphavada

Unit 3: Buddhist Logician Dinnaga

Dinnaga's Theory of Perception, Dinnaga's Theory of Inference: Explanation of terms; Paksa, Hetu, Drstanta, Sapaksa, Vipksa, Three characteristics of Hetu, Dinnaga's Theory of Inference: Svarthanumana and Pararthanumana

Unit 4: Buddhist Logician Dharmakirti

Dharmakirti's Theory of perception, Dharmakirti's theory of inference; Avinabhava, Svabhavanumana and Karyanumana

Suggested Readings:

- Chatterjee, S.C. *The Nyaya Theory of Knowledge*. Calcutta: University of Calcutta, 1950.
- Chattopadhyay, Madhumita: *Walking Along the Paths of Buddhist Epistemology*, D. K. Printworld, New Delhi, 2007
- Dharmakirti, Chandrasekhar Shastri (ed.). *Nyaya □ Bindu*, Varanasi: Chaukhamba, 1954.
- Dhruva A.B. (ed.). *Dinnaga's Nyaya Pravesa*. Baroda: Baroda Oriental Institute, 1954.
- Matilal, B.K. & Evans R.D (ed.). *Buddhist Logic and Epistemology*. Dordrecht: D. Reidel, 1986.
- Mohanty, Jitendra Nath. *Reason and Tradition in Indian Thought: An Essay on the Nature of Indian Philosophical Thinking*. New York: Oxford University Press, 1992.
- Randle, H. N. *Indian Logic in the Early schools: a study of the Nyāyadarśana in its relation to the early logic of other schools*. Delhi: Munshiram Manoharlal, 1976.
- Stcherbatsky, Th. *Buddhist Logic*. (2 Vols.) New York: Dover, 1962.

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Chatterjee  
Chattopadhyay  
Dharmakirti  
Dhruva  
Matilal  
Mohanty  
Randle  
Stcherbatsky

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Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)

## Semester VI

**Course Code:** BSU302  
**Course Name:** Introduction to Early Abhidhammic Texts  
**Credits:** 4L+2T

### Course Objectives

- This paper is based on the "Abhidhamma Pitaka", which are considered higher teachings of Buddha. These texts include philosophical and psychological investigations, references to the practical application of the teachings, apart from theoretical understanding and practical realization of Buddhist Doctrine.

### Learning Outcomes:

- After completion of this course, students shall acquire complete knowledge of Abhidhamma Pitaka and of guiding their minds through the practical application of the psychological knowledge of the Abhidhamma Pitaka in their day to day life.

### Unit 1

**Overview of Abhidhamma Pitaka:** Basic concept of Pali literature, Origins of Abhidhamma Pitaka, Development of Abhidhamma, General concepts of Early Abhidhamma Pitaka

### Unit 2

**Distinctive Feature of the Abhidhamma Pitaka:** Apparent Reality, Ultimate Reality

### Unit 3

**Four Ultimate Realities:** Citta, Cetasika, Rupa, Nibbana

### Unit 4

**Seven Book of Abhidhamma Pitaka:** Dhammasaṅgaṇī, Vibhaṅga, Dhātukathā, Puggalapaññatti, Kathāvatthu, Yamaka, Paṭṭhāna

### Suggested Readings:

- NaradaThera. A Manual of Abhidhamma . Kandy: Buddhist Publication Society, 1956.
- Bodhi, Bhikkhu (ed). Comprehensive Manual of Abhidhamma, Kandy: Buddhist Publication Society, 2007.
- The Dhammasaṅgaṇī (Ed.) P.V. Bapat & R.D. Vadekar, Pune: The Bhandarkar Research Institute, 1940.
- The Puggalapaññatti (Ed.) London: JPTS, 1883; Tr. B.C. Law, Designation of Human Types (Puggalapaññatti), London: Pāli Text Society, 1924.
- Karunadasa, Y, The Buddhist analysis of Matter. Kandy: Buddhist Publication Society, 1967.
- Rhys, Davids. Buddhist Manual of Psychological Ethics. London: Pali Text Society, 1993.
- Rhys Davids, C.A. F. The Vibhanga: (Pali Edition) Harvard: Nabu Press, 2010.
- Sayadaw, U Thittila. Book of Analysis (Vibhanga). London: Pali Text Society, 1988.

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Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)

Course Code: BSU304  
Course Name: Advanced Pāli Grammar  
Credits: 4L+2T

Course objectives:

- To give the knowledge of the advanced concepts of Pāli grammar
- To develop the better understanding of Pāli grammar and composition

Learning Outcomes:

- The students will learn how to read and write Pāli language, an important language of ancient India.
- Having studied this paper, they will be familiar with Pāli language & literature, the most significant part of Indian culture and history.

Unit 1:

Concepts of Pāli Grammar: Syntax of Nouns, Vācya (Voice), Sandhi (Combinations), and Samāsa (Compounds)

Unit 2:

Pali Essays: Bhagavā Buddhō, Paṭiccasamuppādo, Tipiṭakamaṃ, and Dhammapadam

Unit 3:

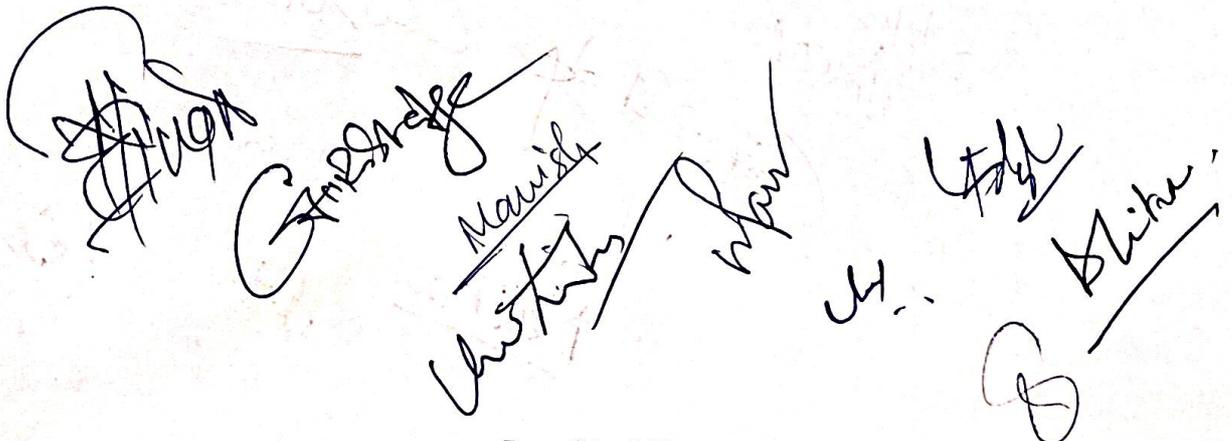
Translation from Pāli to Hindi/English

Unit 4:

Translation from English/Hindi to Pāli

Suggested Readings:

- A.P. Buddhadatta Maha Nayaka Thera, *The New Pali Course Vol. I, II & III*, Sri Lanka: Buddhist Cultural Centre, 1997-99.
- *Bālāvatāra* (Ed & Tr.) Swami Dwarikadasa Shashtri, Varanasi: Bauddha Bharati, 1996.
- Bhikshu Dharmarakshit, *Pāli Vyākaraṇa*, Varanasi: Gyanamandal Limited, 1988.
- Bhikshu Jagdish Kashyap, *Pāli Mahāvvyākaraṇa*, Delhi: Motilal Banarsidass Publication Private Limited, 2012.
- *Dhammapada* (Tr.) Bhikshu Dharmarakshit, Delhi: Motilal Banarasidass Publishers Private Limited, 2003.
- *Kaccāyana Nyāso Paṭhamo Bhāgo* (Ed. & Tr.) Bhikshu Satyapala, New Delhi: Buddha Triratna Mishana, 1991.
- *Kaccāyana-Vyākaraṇa* (Ed.) L.N. Tiwary & B. Sharma, Varanasi: Tara Book Agency, 1961.
- *Khuddakapāṭho* (Ed. & Tr.) Bhikshu Satyapala, New Delhi: Buddha Triratna Mishana, 1992.
- Nārada Thera, *An Elementary Pāli Course*, Taipei: The Corporate Body of the Buddha Educational Foundation, 2003.
- S.J., Vito Perniola, *Pali Grammar*, Oxford: The Pali Text Society, 1997.
- Shukla, Hari Shankar, *Pāli Nibandhāvali*, Varanasi: Tara Book Agency, 1993.
- Singh, Priyasen, *Pāli Parichaya*, New Delhi: Samyak Prakashan, 2011.
- *Suttanipāta* (Ed. & Tr.) Bhikshu Dharmarakshit, Delhi: Motilal Banarasidas Publishers Private Limited, 2003.
- *The Dhammapada* (Ed. & Tr.) K. Sri Dhammananda, Taipei: The Corporate Body of the Buddha Educational Foundation, 2006.
- *The Group of Discourses (Suttanipāta)* (Ed. & Tr.) K.R. Norman, Lancaster: The Pali Text Society, 2006.
- Warder, A.K., *Introduction to Pali*, Oxford: The Pali Text Society, 2001.



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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)**

**Course Code:** BSU306  
**Course Name:** Socially Engaged Buddhism  
**Credits:** 4L+1T

**Course Objectives:**

- To understand about the basic contribution of the Buddha to socially welfare
- To offer the syllabus in manner the enhances creative, conceptual, and analytical do advance study about the socially engaged Buddhism in the areas of origin, philosophy, and Buddhist personalities to socially transformation in contemporary world

**Learning Outcomes:**

- To aware the Buddhas teaching towards socially improvement
- To understand the moder problems in light of fundamental philosophy of socially engaged Buddhism and help to reduce socio-political issues in modern society.

**Unit 1**

Origin and development of Socially engaged Buddhism: Life of the Buddha, Buddhist sociology, Concept Humanistic Buddhism, Nature of Engaged Buddhism, Socially Engaged Buddhism, Network of Engaged Buddhism in contemporary world

**Unit 2**

Fundamental Philosophy of Socially Engaged Buddhism: Concept of Bodhisattva Path, Bodhicitta and Perfections, Law of Dependent origination, Mindfulness and Vipassana, Four Brahmavihara (Sublime states of mind), Buddhist ethics and Fundamental rights

**Unit 3**

Famous Socially Engaged Buddhist Personalities: Dr. B.R. Ambedkar (India), HH Dalai Lama (Tibet), Thich Nhat Hanh (Vietnam), Sulak Sivaraksa (Thailand), AT Ariyaratne (Srilanka)

**Unit 4**

Buddhist Response to contemporary issues in modern society: Environment, Caste, Gender, Terrorism, World Peace, Socially Engaged Buddhism as a Spiritual Path

**Suggested Readings:**

- Ambedkar, Bhim Rao, The Buddha and His Dhamma, Nagpur: Buddha Bhoomi Prakashan, 1997.
- Bapat, P.V., 2500 years of Buddhis, Publication Division, New Delhi, 2012.
- Buddha's Teachings Being the Sutta-Nipāta or Discourse-Collection (Eds.) Lord Chalmers, Delhi: Motilal Banarasidas Publishers Private Limited, 1997.
- Dialogues of the Buddha (Digha-Nikāya) (Tr.) T.W & Mrs. Rhys Davids, London: Pāli Text Society, 1899.
- Digha-Nikāya (Tr.) Bhikshu Rahula Sankrityayana & Bhikshu Jagadisha Kashyapa, Lucknow: Bhartiya Bauddha Shiksha Parishada, 1979.
- Jones, K. The Social Face of Buddhism: an Approach to Political and Social Activism, London: Wisdom Publications, 1989.
- King, Sallie B., Socially Engaged Buddhism. Honolulu: University of Hawaii Press, 2009.
- Kotler, Arnold. Engaged Buddhist Reader, Berkeley: Parallax Press, 1996.
- L.P.N. Perera, Buddhism and Human Rights, Colombo, 1991.
- Loy, David, The Great Awakening: A Buddhist Social Theory. Somerville, MA: Wisdom Publication, 2003.
- Macy, J. Dharma and Development: Religion as Resource in the Sarvodaya Self-help Movement, West Hartford, Connecticut: Kumarian Press, 1983.
- Shakya, Gyanaditya, *Human Values and Buddhist Ethics*, Nagpur: Sangyan Prakashan, 2020.

*Manish*  
*J. nfor Chaitany*  
*Shikha*

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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)**

**Course Code:** BSU308  
**Course Name:** The Great Philosophers of Buddhism  
**Credits:** 4L+1T

**Course Objectives:**

- This paper focuses on the great Buddhist philosophers and their work which had resulted in spreading and highlighting the importance of Buddha's teachings as they were the vehicles for the dissemination of Buddhism, and made significant contributions in interpretations of the Buddha Dharma. Buddhist Philosophers were poets, court authors, or religious advisors, who travelled around the country and even to abroad to preach which include Asvaghosa, Asanga, Chandrakirti, Buddhaghosa, Vasubandhu, etc. One of the most significant contributions of Buddhist philosophers to Indian culture was the promotion of national emotions among Indians. India in the past was known for as the centre of higher learning which attracted students from as far away as Greece, Persia, China and Tibet. Although Buddhism was naturally the central focus of study, other subjects including astronomy, medicine (*Ayurveda*), grammar, metaphysics, logic, philosophy of language, classical Hindu philosophy, non-Indian philosophy and so forth were all regularly studied.

**Learning Outcomes:**

The Learning Outcomes: would be to apprise the students about the great Buddhist Philosophers and their respective works in the past and how it has played an important role in inculcating interest among students to know about ancient thinkers and their contribution. Buddhist Philosophers represent the real high points of Buddhist Philosophy continue to sanctify learners of Buddhist Studies to the present day. Upon the completion of this course, students should be able to understand:

- About the great philosophers and their respective works
- Development and evolution of Buddhist Philosophical System
- Foundational aspects of various Buddhist Sects

**Unit 1**

Nagarjuna (c. 2nd century C.E.): Life and His Works

**Unit 2**

Asanga (300-390 C.E.) and Vasubandhu (c. 4th century C.E.)

**Unit 3**

Dignaga (6th century C.E.) and Dharmakirti (600-660 C.E.)

**Unit 4**

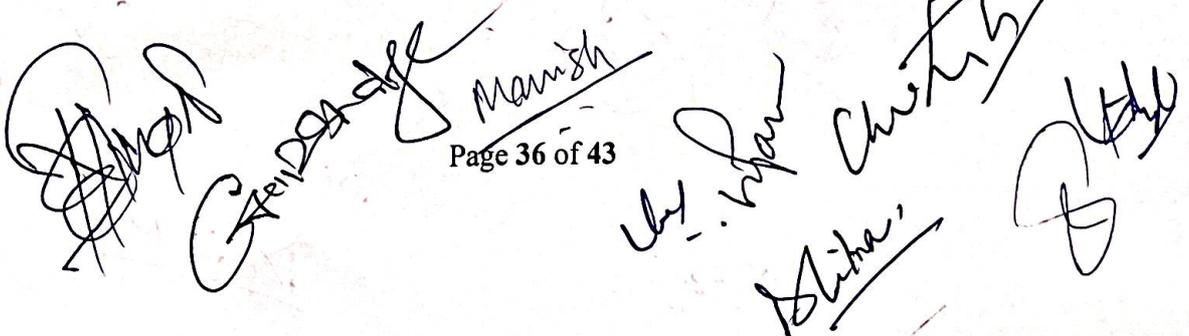
Chandrakirti (600-650 C.E.) and Dignaga

**Unit 5**

Gunaprabha (c. 9th century C.E.) and Shakyaprabha

**Suggested Readings:**

- Carpenter, Amber. *Indian Buddhist Philosophy*. Acumen, 2014.
- Conze, E., *Buddhist Thought in India*, London: George Allen & Unwin: 1962.
- Conze, Edward. *Buddhist thought in India: Three phases of Buddhist philosophy*. Vol. 4. Routledge, 2013.
- Garfield, Jay L. and Graham Priest, *Nāgārjuna and the Limits of Thought*, Philosophy East and West 53: 2003.
- Jones, Richard H., *Nagarjuna: Buddhism's Most Important Philosopher*, 2nd ed. New York: Jackson Square Books: 2014.
- Kalupahana, David. J., *A History of Buddhist Philosophy: Continuities and Discontinuities*, University of Hawaii Press, 1992.
- Lou, Hong, *A Brief Investigation of the Vinaya Master Gunaprabha*, South Asia Research 2, 2008.
- Mookerjee, S., *The Buddhist Philosophy of Universal Flux, an Exposition of the Philosophy of Critical Realism as expounded by the School of Dignāga*, Calcutta: 1935.
- Rahula, Walpola; Boin-Webb, Sara (translators); *Asanga, Abhidharmasamuccaya: The Compendium of the Higher Teaching*, Jain Publishing Company, 2015.
- Singh, Amar, *The Heart of Buddhist Philosophy: Dinnaga and Dharmakīrti*, New Delhi: Munshiram Manoharlal, 1984.
- Suhrlekha, (To a Good Friend) translated as Nagarjuna's Letter to King Gautamiputra by L. Jamsal, N.S. Chopel and Peter Della Santina, Motilal Banarsidass, Delhi, 1978.
- Vidyabhusana, S.C., *A History of Indian Logic – Ancient, Mediaeval and Modern Schools*, Calcutta: 1921.
- Westerhoff, J., *Nāgārjuna's Madhyamaka: A Philosophical Introduction*, Oxford: Oxford University Press: 2009.
- Williams, Paul, *Mahayana Buddhism: The Doctrinal Foundations*, Routledge, 1989.


  
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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)**

**Course Code:** BSU310  
**Course Name:** Comparative Study of Religions  
**Credits:** 2L+1T

**Course Objectives:**

Through comparative study of religion, scholars endeavor to evaluate the religion in order to show how they stood relative to another in terms of their various levels of development, i.e., its origin, evolution and dimensions of the particular religion. In this paper, religions are studied in an appreciative and non-judgmental manner. The aim of comparative religion therefore is to identify the point of similarities and differences between two religions or more. This course examines the various notable major religions of the world.

**Learning Outcomes:**

At the end of this course, students should be able to:-

- Explain the goal of religion in man's life.
- Acknowledge the cause for many religions of the world.
- Explain what comparative religion is all about.
- Imbibe the mechanism for studying religion.

**Unit 1: Study of Religion**

Religion: Meaning, Definition, Nature, and Scope

Theories: Origin of Religion

Dimensions of Religion

Religion's Relationship with other Disciplines: Theology, Ethics, Philosophy, Sociology

**Unit 2: Pre-Historical Religious Forms**

Early forms of Religious Expression: Mana, Magic, Fetishes, Shamans, Totem, Taboo, Ancestor worship

Nature of Holy: Animism, Naturism, Theism, Polytheism, Henotheism, Deism, Monotheism,

Pantheism, and Panentheism Task and Objectives: Myths, Rituals, Rites of Passage, Sacraments, Prayers, Festivals, Sacrifices

**Unit 3: Modern Trends in the Study of Religion**

Modern Trends in the Study of Religion: Holistic or all inclusive approach, interfaith understanding and dialogue, co-existence, human rights, empowerment of the Subaltern or social justice, gender equality, ecology and environment, world peace and harmony. Religious Authority: Tradition, magician, diviner, scripture, seer, saint, reformer, founder, prophet

**Unit 4: Major World Religions**

Hinduism, Buddhism, Christianity, Islam, Judaism, Jainism, Sikhism, Zoroastrianism, Taoism, Confucianism, Shinto

**Suggested Readings:**

- Adams C. (ed) The Encyclopedia of Religion. Vol 3 , New York: Macmillan
- Aletrino . L. (1968). Six World Religious, London; SCM press
- Anyacho, E.O (1994) Essential Themes in the study of Religious, Markeurdi, Onalv printing and publishing company Ltd.
- Badmos, M.A (1993) Inter-religious Dialogue; The Nigerian Experience, Lagos, Irede Chicago Press
- Conze E. (1959). Buddhism: Its Essence and Development. New York, Harper and
- Eliade, M. (1984) A History of Religious Ideas, vol2, Chicago, University of Interpretation, London Macmillan Press.
- J.N.K (ed) A comparative study of Religions, Nairobi: Nairobi University.
- Kasiera, E.M (1990): The Scope of Comparative Religion. In Mugonmbi Printers. Publishing Co.Row.
- Suzuki, D.T (1957). The Essence of Buddhism: London: Lazak and Company.
- Tiwari, K.N. 91983) Comparative Religions, Delhi: Narendra Prakash Jain.
- Trevor, L. (1968) A History of Religion East and West: An Introduction and

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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies**  
(Effective from Academic Session 2023-2024)

**Course Code:** BSU312  
**Course Name:** Buddhism and Western Philosophy  
**Credits:** 2L+1T

**Course Objectives:**

The Course will focus on Buddhist philosophy examines issues in epistemology, phenomenology, metaphysics and ethics. In this paper, students will study key concepts of Buddhist philosophy in the comparative light of western philosophy, so as to be able to identify where the two systems have common ground and where there is radically different interpretation.

**Learning Outcomes:**

After having completed this course the students will become experts in the subject. Students shall be able to work as experts in this subject. These experts shall be able to work, do the work of interprets, even go for further Research in Buddhism and become Teachers. About all these specialists will be able to utilize their skills in the field of social engagement and Spiritual aspect of their individual and social life.

**Unit 1**

Aristotle's Virtue ethics, (Comparison: Middle path, Buddhist moralideal), Problem of Universals: Platonic Realism, Conceptualism, Nominalism (Comparison: Nyaya Buddhist controversy onsamanyas)

**Unit 2**

Views about Substance (Locke, Berkeley and Hume) (Comparison: Anti substantial approach of Buddhism)  
Causation (Hume and Kant) The problem whether *pratityasamutpada*s causation.  
Berkeley's Idealism (Comparison: Yogacaraidealism)

**Unit 3**

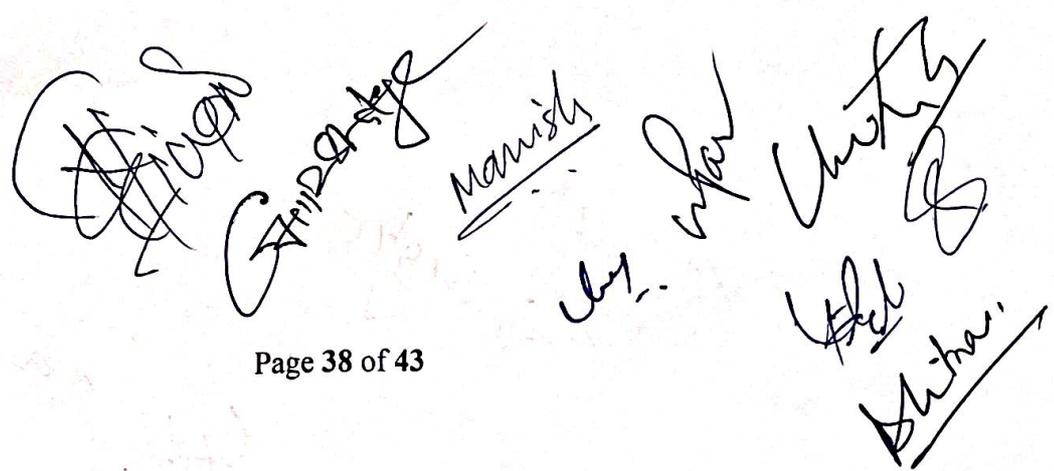
Morality and its justification: Egoistic Hedonism, Utilitarianism (Mill), (Comparison): Happiness of the many

**Unit 4**

Bodhisattva's Altruism Deontological ethics (Kant) (Comparison: Middle path, Buddhist Moral Ideal)

**Suggested Readings:**

- Ayer, A.J. *Central Questions of Philosophy*. New York: Holt, Rinechart and Winston, 1979.
- Edelglass, William and Jay Garfield, *Buddhist Philosophy: Essential Readings*, New York: Oxford University Press, 2000.
- Edwards, Paul. *The Encyclopedia of Philosophy*. New York: The Macmillan Co. and the Free Press, 1967.
- Frank Thilly, *A History of Philosophy*, London: Collier.
- Kalupahana, David J. *Mulamadhymakakarika of Nagarjuna: The Philosophy of the Middle Way*. Delhi: Motilal Banarsidass, 2005
- Katz, Nathan. *Buddhist and Western Philosophy*. New Jersey: Atlantic Highlands.
- KeownDamien . *The Nature of Buddhist Ethics*, (Parallels between the ethics of the Buddha and Aristotle) New York: St. Martin's Press, 1992.
- Laycock, Steven W. *Buddhist Reflections on Western Philosophy*. New York: State University of New York Press, 1994
- MacMillan, 1964. Copleston, F. *History of Philosophy* (Relevant volumes). New York: Image Books, 1974.
- O'Connor, D.J. *A Critical History of Western Philosophy*. London: Collier 5..
- Russell, Bertrand. *A History of Western Philosophy*. New York: Simon and Schuster, 1945.
- Watson, Gay. *A dialogue on the mind and consciousness: Perspective-Buddhism Meets Western Science*. Chicago: Park Ridge Center, 2001.


  
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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)**

## Semester VII

**Course Code:** BSU401  
**Course Name:** Research Methodology  
**Credits:** 4

**Course Objectives:**

- Methods of Social Science Research and its various kinds with focus on Buddhist Studies
- Preparation of a Research Report and Styles for Citing and Referencing concerning Buddhist Studies with other disciplines
- Research Hypothesis, Formulation of Hypothesis and Problems associated with it and significance of the same

**Learning Outcomes:**

It needs skilled and knowledgeable manpower, which can combine its spiritual aspects with the philosophical and cultural aspects of the Buddhism.

- To enable students to take a creative, empirical and ethical approach to the Course that combines conceptual, representative and research practices in both quantitative and qualitative tradition
- To inculcate an approach to correlate Buddhist Studies with Inter-Disciplinary Course that have emerged as a discipline in past
- To provide an opportunity to extend the knowledge base and practice with a view to promote healthy interface between academic and society
- To train the students in the fundamentals of tourism and give necessary guidance and hands-on training through the assignments, debate on conceptual issues

**Unit 1: Methods of Social Science Research**

General Survey of various methods, Interdisciplinary Method, Case Study Method, Observation Method, Schedule Method, Questionnaire Method, Historical Method

**Unit 2: Preparation of a Research Report and Styles for Citing and Referencing**

The Basic Format for a Research Report, Identification of the Parts of a Research Report, and Citation and Referencing Styles

**Unit 3**

Relating Buddhist Studies with other disciplines: Natural Sciences, Geography, Sociology, Social Anthropology, Economics, Politics, and Literature etc

**Unit 4: Hypothesis**

Definition, Origin and Nature of Hypothesis  
Types of Hypothesis  
Formulation of Hypothesis and Problems associated with it  
Utility of Hypothesis

**Suggested Readings:**

- H. S. Becker, *Writing for Social Scientists; How to Start and finish Your Thesis, Book or Article*, Chicago; University of Chicago Press; 1986.
- J. Hartley (ed.), *Technology and Writing*, London; Jess-ca Kingsley; 1992.
- J. Barzun, *On Writing, Editing, and Publishing*, 2nd edition, Chicago; University of Chicago Press; 1985.
- E. H. Carr, *What is History?* Penguin Books; 1990.
- K. H. Jarausch & K. A. Hardy, *Quantitative Methods for Historians: A Guide to Research, Data and Statistics*, Chapel Hill; University of North Carolina Press; 1983.
- H. F. Wolcott, *Writing up Qualitative Research*, Newbury Park CA. Sage; 1990.
- A Daley, S. Arber & M. Procter, *Doing Secondary Analysis*, London; Unwin Hyman; 1988.
- E. R. Babbie, *The Practice of Social Research*, 5th edition, Belmont C.A.: Wasworth Publishing Company; 1983.
- T. Beauchamp, R. Faden R.J. Wallace & L. Walters (eds), *Ethical Issues in Social Science Research*, Baltimore: Johns Hopkins University Press; 1982.
- W. J. Broad & N. Wade, *betrayers of the Truth*, New York; Simon & Schuster; 1982.
- S. Milgram, *Obedience to Authority*, New York; Harper & Row: 1974.
- C. Frankfort-Nachmias & D. Nachmias, *Research Methods in the Social Sciences*, 4<sup>th</sup> edition, New York; St. Martin's Press; 1992.
- H. H. Bauer, *Scientific Literacy and the Myth of the Scientific Method*, Urbana; University of Illinois Press; 1992.
- Einstein, *The World as I See it*, New York; Wisdom Library; 1949.
- Bernards. Phillips, *Social Research: Strategy and Tactics*, 3rd edition. London; Collier Macmillan Publishers; 1976.

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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)**

**Course Code:** BSU403  
**Course Name:** Research Paper/Book Review (Practical)  
**Credits:** 4

**Course Objectives:**

Research scholars will be introduced with writing the articles based on survey and library based methods with instructions on avoiding plagiarism and proper citation/referencing methods to be used

**Learning Outcomes:**

- To train the research scholars into minutest of details concerning Research methodology with focus on detailed understanding of Quantitative, qualitative methods of researches and computer applications:
- Use of quantitative method, Tabulation of Data, process of interpretation and Presentation of data and its analysis and representation
- Computer applications viz. Word processing, Data processing, Graphical processing, Use of web-2 tools for research, uses of excel, SPSS, graphical software and multimedia tools

**Unit 1: Quantitative Method**

Use of quantitative method in research  
Methods and objects of Tabulation of Data  
Forms and process of interpretation and Presentation of data  
Types and sources of data  
Data analysis for specific type of data  
Tabulation and graphical representation

**Unit 2: Computer application for research**

Word processing  
Data processing  
Use of E-resources  
Use of Microsoft Excel  
Use of Microsoft PowerPoint  
Use of graphical Software  
Use of Multimedia tools

**Unit 3: Research Paper/Book Review**

One Article based on Literature  
One Article based on Survey  
One Book Reviews based on Literature  
One Book Reviews based on Survey

**Suggested Readings:**

- H. S. Becker, *Writing for Social Scientists; How to Start and finish Your Thesis, Book or Article*, Chicago; University of Chicago Press; 1986.
- J. Hartley (ed.), *Technology and Writing*, London; Jess-ca Kingsley; 1992.
- J. Barzun, *On Writing, Editing, and Publishing*, 2nd edition, Chicago; University of Chicago Press; 1985.
- E. H. Carr, *What is History?* Penguin Books; 1990.
- K. H. Jarausch & K. A. Hardy, *Quantitative Methods for Historians: A Guide to Research, Data and Statistics*, Chapel Hill; University of North Carolina Press; 1983.
- H. F. Wolcott, *Writing up Qualitative Research*, Newbury Park CA. Sage; 1990.
- A Daley, S. Arber & M. Procter, *Doing Secondary Analysis*, London; Unwin Hyman; 1988.
- E. R. Babbie, *The Practice of Social Research*, 5th edition, Belmont C.A.: Wasworth Publishing Company; 1983.
- T. Beauchamp, R. Faden R.J. Wallace & L. Walters (eds), *Ethical Issues in Social Science Research*, Baltimore: Johns Hopkins University Press; 1982.
- W. J. Broad & N. Wade, *betrayers of the Truth*, New York; Simon & Schuster; 1982.
- S. Milgram, *Obedience to Authority*, New York; Harper & Row; 1974.
- C. Frankfort-Nachmias & D. Nachmias, *Research Methods in the Social Sciences*, 4<sup>th</sup> edition, New York; St. Martin's Press; 1992.
- H. H. Bauer, *Scientific Literacy and the Myth of the Scientific Method*, Urbana; University of Illinois Press; 1992.
- Einstein, *The World as I See it*, New York; Wisdom Library; 1949.
- Bernard S. Phillips, *Social Research: Strategy and Tactics*, 3rd edition. London; Collier Macmillan Publishers; 1976.

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**Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)**

**Course Code:** BSU405  
**Course Name:** Project (Practical)  
**Credits:** 12

**Note:** The student has to write a project on the topic of Buddhist Studies under the supervision of supervisor allocated by the committee of the School of Buddhist Studies and Civilization.

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Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)

**Semester VIII**

Course Code: BSU402  
Course Name: Dissertation  
Credits: 12

Note: The student has to write a dissertation on the topic of Buddhist Studies under the supervision of supervisor allocated by the committee of the School of Buddhist Studies and Civilization.

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M. Manish  
Chitra  
Shikha

Programme Structure [NEP 2020] Bachelor of Arts (Hons.) in Buddhist Studies  
(Effective from Academic Session 2023-2024)

66

Course Code: BSU404  
Course Name: Viva Voce (Presentation and Discussions)  
Credits: 8

Note: The viva-voce for the dissertation done by the student will be arranged by the committee of the School of Buddhist Studies and Civilization.

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J. K. Chak  
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# School of Buddhist Studies and Civilization Gautam Buddha University

## Minutes of the Board of Studies Meeting held on 15 December 2022

Consequent upon the instructions received from the competent authority, a meeting of the Board of Studies was convened in the School of Buddhist Studies and Civilization on 15<sup>th</sup> December 2022 at 10.30am onwards in the Boardroom of the Vice-Chancellor for adopting and working out on the framework of NEP 2020 Implementation in the Undergraduate Programmes of the University.

The following members attended the meeting:

- |  |   |
|--|---|
| 1. Prof. Shweta Anand                                | Dean, SOBSC   |
| 2. Dr. Chandrashekhar Paswan                         | Head & Assistant Professor, SOBSC                               |
| 3. Dr. Chintala Venkata Sivasai<br>(Internal Expert) | Assistant Professor, SOBSC                                      |
| 4. Prof. Indra Narain Singh                          | Professor, Department of Buddhist Studies, DU (External Expert) |

### Agenda of the Meeting

- To discuss and defer the implementation of the National Education Policy 2020 in the following Undergraduate Programmes of the University till the academic session 2023-24:
  - B.A. Hons. in Buddhist Studies**
- To adopt the Curriculum and Credit Framework for Undergraduate Programmes December 2022 as recommended by the University Grants Commission.
- To design framework, and draw a roadmap for systematic implementation of the policy in a phased-wise manner for the academic year 2023-24 onwards.
- Change of nomenclature of the following programs:

S. No.	Old Nomenclature of the Program	Proposed Nomenclature of the Program
1	MA in Buddhist Studies and Civilization	<b>MA in Buddhist Studies</b>
2	PhD in Buddhist Studies and Civilization	<b>PhD in Buddhist Studies</b>

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 Head  
 School of Buddhist Studies and Civilization  
 Gautam Buddha University, Greater Noida  
 Gautam Buddha Nagar, U.P.-201312

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 Dean  
 School of Buddhist Studies & Civilization  
 Gautam Buddha University  
 Greater Noida - 201308  
 Gautam Budh Nagar (U.P.)

### Deliberations and Recommendations:

1. The Board of Studies discussed in detail Curriculum and Credit Framework for Undergraduate Programmes December 2022 as recommended by the University Grants Commission. The NEP envisages several transformative initiatives in higher education. These include:

- Introducing holistic and multidisciplinary undergraduate education that would help develop all capacities of human beings - intellectual, aesthetic, environmental, social, physical, emotional, ethical, and moral-in an integrated manner; soft skills, such as complex problem solving, critical thinking, creative thinking, communications skills; and rigorous specialization in a chosen field(s) of learning.
- Adoption of flexible curricular structures in order to enable creative combination of disciplinary areas for study in multidisciplinary contexts that would also allow flexibility in course options that would be on offer to students, in addition to rigorous specialization in a subject or subjects.
- Undergraduate degree programmes of either 3 or 4-year duration, with multiple entry and exit points and re-entry options, with appropriate certifications such as:
  - A UG certificate after completing 1 year (2 semesters) of study in the chosen fields of study,
  - A UG diploma after 2 years (4 semesters) of study,
  - A bachelor's degree after a 3-year (6 semesters) programme of study,
  - a 4-year bachelor's degree (honours) after eight semesters programme of study. If the student completes a rigorous research project in their major area(s) of study in the 4<sup>th</sup> year of a bachelor's degree (honours with research).

The Board unanimously adopted the above provision.

2. The board discussed minimum Credit Requirements to award degree under each category and adopted the following distribution. The UG programme will consist of the following categories of courses and the minimum credit requirements for 3-year UG and 4-year UG (Honours) or UG (Honours with Research) programmes are given below:

Head  
School of Buddhist Studies and Civilization  
Gautam Buddha University, Greater Noida  
Gautam Buddha Nagar, U.P.-201312

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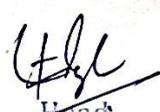
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School of Buddhist Studies & Civilization  
Gautam Buddha University  
Greater Noida - 201308  
Gautam Budh Nagar ( U.P.)

S. No.	Broad Category of Course	Minimum Credit Requirement	
		3-Year UG	4-Year UG
1	Major (Core)	60	80
2	Minor Stream	24	32
3	Multidisciplinary	09	09
4	Ability Enhancement Course (AEC)	08	08
5	Skill Enhancement Courses (SEC)	09	09
6	Value Added Courses common for all UG	06-08	06-08
7	Summer Internship	02-04	02-04
8	Research Project/Dissertation	-	12
	<b>Total</b>	<b>120</b>	<b>160</b>

**Note:**\*Honours students not undertaking research will do 3 courses of 12 credits in lieu of a research project/Dissertation.

**Structure of the UG Programme**

Semester	Discipline Specific Courses -Core	Minor	Inter-disciplinary courses	Ability Enhancement courses (language)	Skill Enhancement courses /Internship /Dissertation	Common Value-Added Courses	Total Credits
I	(100 level)	(100 Level)	(1 course)	1 course)	(1 course)	(1 or 2 courses)	20
II	(100 level)	(100 Level)	(1 course)	(1 course)	(1 course)	(1 or 2 courses)	20
	<i>Students exiting the programme after securing 40 credits will be awarded UG Certificate in the relevant Discipline /Subject provided they secure 4 credits in workbased vocational courses offered during summer term or internship / Apprenticeship in addition to 6 credits from skill-based courses earned during first and second semester.</i>						40
III	(200 level)	(200 & above)	(1 course)	(1 course)	(1 course)	-	20
IV	(200 level)	(200 & above)	-	(1 course)	-	-	20
	<i>Students exiting the programme after securing 80 credits will be awarded UG Diploma in the relevant Discipline/Subject provided they secure additional 4 credit in Skill based vocational courses offered during first year or second year summer term.</i>						80
V	(300 Level)	(200 & above)	-	-	(Internship)	-	20
VI	(300 Level)	(200 & above)	-	-	-	-	20
	<i>Students who want to undertake 3-year UG programme will be awarded UG Degree in The relevant Discipline/Subject upon securing 120 credits</i>						120

for   
 Head  
 School of Buddhist Studies and Civilization  
 Gautam Buddha University Greater Noida  
 Gautam Buddha Nagar, U.P.-201312



  
 Dean  
 School of Buddhist Studies  
 Gautam Buddha University  
 Greater Noida - 201308  
 Gautam Budh Nagar (U.P.)

VII	(400 Level)	(300 & above)	-		-	-	20
VIII	(400 Level)	(300 & above)	-		(Research Project/Dissertation)		20
<i>Students will be awarded UG Degree (Honours) with Research in the relevant Discipline/Subject provided they secure 160 credits</i>							160

**Note:**

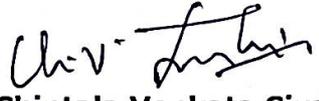
- i. Only the minimum total number of credits in each semester is indicated above. The HEIs may decide the number of credits for each course (e.g. Major, Minor, Multidisciplinary, etc.) to fulfill the minimum number of credit requirements.
- ii. Students may be permitted to audit course(s) of their choice offered by the HEI provided they meet the pre-requisite for the course.
- iii. Minor stream courses can be from the 3<sup>rd</sup>300 or above level and 50% of the total credits from minors must be secured in the relevant subject/discipline and another 50% of the total credits from a minor can be earned from any discipline as per students' choice.
- iv. Students are not allowed to take the same courses studied in the 12<sup>th</sup> class under the interdisciplinary category.
- v. 40% of the credits in any category may be earned through online courses approved by the Department and Institution as per the existing UGC regulations.
- vi. VIII-Semester core major may be seminar-based with students' presentations and discussions.
- vii. Students may be encouraged to enroll in activities such as NSS/NCC.

- 3. In the light of the above framework, the Board of Studies discussed and recommended the Programme Structure of **BA (Hons.) in Buddhist Studies** programme which is attached overleaf. This is the draft of the Programme Structure, which will be developed and a detailed syllabus be prepared till 15<sup>th</sup> March 2023.
- 4. The concerned Department/School will work in coordination with the NEP 2020 Implementation Committee of the University and accomplish the above task. The concerned Dean of the School is requested to monitor the progress of the task to be completed within the stipulated timeframe.
- 5. In the light of the agenda **point 4**, the Board of Studies discussed and recommended change of nomenclature of MA and PhD programmes as proposed.

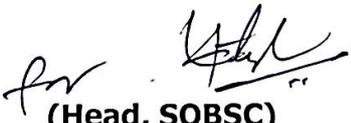
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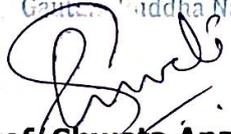
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 School of Buddhist Studies & Civilization  
 Gautam Buddha University  
 Greater Noida - 201308  
 Gautam Budh Nagar (U.P.)

The meeting ended with the proposal of vote of thanks to the Chair.

  
**(Dr. Chintala Venkata Sivasai)**

  
**(Prof. Indra Narain Singh)**  
*External Expert*

  
**(Head, SOBSC)**  
Head  
School of Buddhist Studies and Civilization  
Gautam Buddha University Greater Noida  
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