

**Department of Psychology & Mental Health**  
**School of Humanities & Social Sciences**  
**Gautam Buddha University**



**UNDERGRADUATE PROGRAMME STRUCTURE**

**B.A. / B.Sc. (Hons.) with Research degree in Applied Psychology (2024)**  
**(As per National Education Policy (NEP)- 2020 Guidelines)**

<b>Semester-01</b>			
<b>Discipline Specific Core Courses [DSC]</b>			
DSC-01	PM-101	Foundation of Psychology: Western Perspectives	4
DSC-02	PM-103	Introduction to Psychology and its Applications	4
DSC-03	PM-151	Practicum and Viva Voce	4
<b>Generic Elective Course [GEC]</b>			
GEC-01	PM-105	Basics of Psychological Testing	4
<b>Ability Enhancement Compulsory Courses [AEC]</b>			
AECC-01	HS-101	IT and Applications-I	2
<b>Skill Enhancement Course [SEC]</b>			
SEC-01	EN-105	Communicative English-I	2
<b>Value Addition Courses [VAC]</b>			
VAC-01	PM-107	Social and Emotional Well Being	2
<b>Total Credits</b>			<b>22</b>

<b>Semester-02</b>			
<b>Discipline Specific Core Courses [DSC]</b>			
DSC-04	PM-102	Foundation of Psychology: Indigenous Perspectives	4
DSC-05	PM-104	Application of Psychological Processes	4
DSC-06	PM-152	Practicum and Viva Voce	4
<b>Generic Elective Courses [GEC]</b>			
GEC-02	PM-106	Social Psychology	4
<b>Ability Enhancement Compulsory Courses [AEC]</b>			
AEC-02	HS-102	IT and its Applications-II	2
<b>Skill Enhancement Course</b>			
SEC-02	ES101	Environmental Sciences	4
<b>Value Addition Courses [VAC]</b>			
VAC-02	PM-108	Living with Stress	2
<b>Total Credits</b>			<b>24</b>

<b>Semester-03</b>			
<b>Discipline Specific Core Courses [DSC]</b>			
DSC-07	PM-201	Life Span Development-I	4
DSC-08	PM-203	Personality Theories	4
DSC-09	PM-205	Health Psychology	4
DSC-10	PM-251	Practicum and Viva Voce	4
<b>Generic Elective Courses [GEC] one to be selected</b>			
GEC-03	PM-207	Community Psychology	4
	PM-209	Youth Psychology	
<b>Ability Enhancement Compulsory Courses [AEC] One to be Selected</b>			
AEC-03	PM-212	Peace Psychology	2
		Introduction to Mahabharata	
<b>Skill Enhancement Course [SEC]</b>			
SEC-03	PM-253	Field Training and Practical Exposure	2
<b>Value Addition Courses [VAC]</b>			
VAC-03	PM-211	Applied Psychometry	2
			<b>Total Credits</b>
			<b>26</b>

<b>Semester-04</b>			
<b>Discipline Specific Core Courses [DSC]</b>			
DSC-11	PM-202	Life Span Development-II	4
DSC-12	PM-204	Positive Psychology	4
DSC-13	PM-206	Behaviour Medicine	4
DSC-14	PM-252	Practicum and Viva Voce	4
<b>Generic Elective Courses [GEC] One to be Selected</b>			
GEC-04	PM-208	Sports Psychology	4
	PM-210	Geriatric Psychology	
<b>Ability Enhancement Compulsory Courses [AEC] One to be Selected</b>			
AEC-04		Hindi	2
	UD 252	Urdu Zuban-o- Adab	
<b>Skill Enhancement Course [SEC]</b>			
SEC-04	PM-254	Field Training and Practical Exposure	2
<b>Value Addition Courses [VAC] One to be Selected</b>			
VAC-04	PM-214	Psychological Techniques in Community Research	2
	PM-216	Living In Media World	
			<b>Total Credits</b>
			<b>26</b>

Semester-05			
Discipline Specific Core Courses [DSC]			
DSC-15	PM-301	Cognitive Psychology	4
DSC-16	PM-303	Research Methods and Data Processing	4
DSC-17	PM-351	Practicum and Viva Voce	4
Discipline Specific Elective Courses [DSE]			
DSE-01	PM-305	Biological Psychology	4
Generic Elective Courses [GEC] One to be Selected			
GEC-05	PM-307	Psychological Perspective in Education	4
	PM-309	Cross-Culture Psychology	
	PM-311	Psycho-physiological Therapies	
Skill Enhancement Course [SEC]			
SEC-05	PM-353	Field Training and Practical Exposure	2
Total Credits			22

Semester-06			
Discipline Specific Core Courses [DSC]			
DSC-18	PM-302	Advanced Cognitive Psychology	4
DSC-19	PM-304	Advance Research methods and Data Processing	4
DSC-20	PM-352	Practicum and Viva Voce	4
Discipline Specific Elective Courses [DSE]			
DSE-02	PM-306	Abnormal Psychology	4
Generic Elective Courses [GEC] One to be selected			
GEC-06	PM-308	Psychodiagnostic	4
	PM-310	Organizational Behaviour	
	PM-312	Forensic Psychology	
Skill Enhancement Course			
SEC-06	PM-354	Field Training and Practical Exposure	2
Total Credits			22

## Multidisciplinary and Research: Fourth Year Degree Program Structure with Research

Semester-07			
Discipline Specific Core Course [DSC]			
DSC-21	PM-401	Counseling Psychology	4
DSC-22	PM-451	Practicum and viva voce	4
Discipline Specific Elective Courses [DSE]			
DSE-03	PM-403	Gender Psychology	4
Generic Elective Courses [GEC] One to be selected			
Specialization in Clinical and counseling Psychology			
GEC-07	PM-405	Basics of Clinical Psychology	4
GEC-08	PM-407	Theoretical Foundations of Counselling & Psychotherapy	
Specialization in Organizational Psychology			
GEC-07	PM-409	Organizational Well being	4
GEC-08	PM-411	Human Resource Management	4
Specialization in Forensic Psychology			
GEC-07	PM-413	Forensic Neuropsychology	4
GEC-08	PM-415	Psychological and Forensic Assessments	4
Research Work			
	PM-461	Academic Project/Internship/Entrepreneurship	6
Total Credits			26

Semester-08			
Discipline Specific Core Course [DSC]			
DSC-23	PM-402	Personality Disorders	4
DSC-24	PM-452	Practicum and viva voce	4
Discipline Specific Elective Courses [DSE]			
DSE-04	PM-404	Psychosocial Rehabilitation	4
Generic Elective Courses [GEC] One to be selected			
Specialization in Clinical and counseling Psychology			
GEC-09	PM-406	Neuropsychological Assessments	4
GEC-10	PM-408	Neuropsychological Rehabilitation	4
Specialization in Organizational Psychology			
GEC-09	PM-410	Selection and Training	4
GEC-10	PM-412	Organizational Development and Decision Making	
Specialization in Forensic Psychology			
GEC-09	PM-414	Psychobiology of Criminal Behaviour	4
GEC-10	PM-416	Criminal Behaviour and Mental Health	4
Research			
	PM-462	Dissertation Major	6
Total Credits			26

**Course Outline of M. A./M.Sc. (Applied Psychology)**  
(Specialization in Clinical Psychology/Organizational Psychology/Forensic Psychology)

Sl. No.	Semesters	Total Course Credits
1.	Semester -1	21
2.	Semester -2	21
3.	Semester -3	21
4.	Semester -4	25
<b>Total Programme's Credits</b>		<b>88</b>

**SEMESTER I**

S. No.	Code	Courses	L	T	P	Credits
<b>Core Courses</b>						
1	PM-501	Foundation of Psychology: Indian and Western Perspectives				3
2	PM -503	Cognitive Psychology				3
3	PM -505	Life Span Psychology-I				3
4	PM -507	Research Methods				3
5	PM -551	Practicum and Viva Voce				3
<b>Generic Elective Course (Any one)</b>						
6	PM -509	Psycho Social Issues				3
7	PM -511	Social Psychology				3
<b>Ability Enhancement Course (Any One)</b>						
8	ET-515	Value Education				
	EN-531	Language Culture And Society				
9	PM-513	Cross Cultural Psychology				3
<b>Non Credit Course</b>						
10	GP	General Proficiency				
<b>Total</b>						<b>21</b>

**SEMESTER – II**

S. No.	Code	Courses	L	T	P	Credits
<b>Core Courses</b>						
1	PM -502	Personality: Theories & Assessment				3
2	PM -504	Biological Psychology				3
3	PM -506	Advanced Cognitive Psychology				3
4	PM -508	Life Span Psychology-II				3
5	PM -510	Research Methods & Statistics				3
6	PM -552	Practicum and Viva Voce				3
<b>Generic Elective Course (Any one)</b>						
7	PM -512	Psychosocial Training in Disaster				3
8	PM -514	Community Psychology				3
<b>Non Credit Course</b>						
9	GP	General Proficiency				
<b>Total</b>						<b>21</b>

**SEMESTER – III**

S. No.	Code	Courses	L	T	P	Credits
		<b>Foundation Courses</b>				
1	PM -601	Personality Disorders & Intervention				3
2	PM -603	Psychosocial Rehabilitation				3
		<b>Core Courses</b>				
3	PM -651	Practicum & Viva Voce				3
4	PM -653	Field Training & Case Report Writing				3
		<b>Discipline Specific Elective (One)</b>				<b>(6)</b>
		<b>Specialization in Clinical Psychology</b>				
5	PM -605	Psychopathology				3
6	PM -607	Theoretical Foundations of Counseling & Psychotherapy				3
		<b>Specialization in Organizational Psychology</b>				
7	PM -609	Organizational Behaviour				3
8	PM -611	Selection & Training				3
		<b>Specialization in Forensic Psychology</b>				
9	PM -613	Forensic Psychology				3
10	PM -615	Psychobiology of Crime				3
		<b>Generic Elective Course (Any one)</b>				
9	PM -617	Work Place Counseling				3
10	PM -619	Stress & Health				3
		<b>Total</b>				<b>21</b>

**SEMESTER – IV**

S. No.	Code	Courses	L	T	P	Credits
		<b>Foundation Course</b>				
1	PM -602	Neuropsychology				3
		<b>Core Courses</b>				
2	PM -652	Practicum & Viva Voce				3
3	PM -662	Dissertation				10
		<b>Discipline Specific Elective (One)</b>				<b>(6)</b>
		<b>Specialization in Clinical Psychology</b>				
4	PM -604	Neuropsychological Rehabilitation				3
5	PM -606	Psychotherapeutic Techniques & Approaches				3
		<b>Specialization in Organizational Psychology</b>				
6	PM -608	Psychological Wellbeing in Organization				3
7	PM -610	Psychology in Human Resource Development				3
		<b>Specialization in Forensic Psychology</b>				
8	PM -612	Roles of Forensic Psychologist				3
9	PM -614	Forensic Psychology-Investigative Methods				3
		<b>Generic Elective Course(One)</b>				
10	PM -616	Indigenous Psychology				3
11	PM -618	Positive Psychology				3
10	GP	General Proficiency (Non Credit Course)				
		<b>Total</b>				<b>25</b>

## Course Outline of Post Graduate Diploma in Guidance & Counseling (PGDGC)

Sl. No.	Semesters	Total Course Credits
1.	Semester -1	24
2.	Semester -2	26
<b>Total Programme's Credits</b>		<b>50</b>

### SEMESTER I

S. No.	Code	Courses	L	T	P	Credits
<b>Foundation Courses</b>						
1	PGC-701	Counselling and Guidance: Basic concepts, skills and scope				4
2	PGC-703	Growth and Development				4
3	PGC-705	Socio-Emotional and Behavioural Challenges				4
<b>Core Courses</b>						
4	PGC-751	Practicum & Viva Voce				4
5	PGC-753	Field Training & Case Report Writing				8
<b>Total</b>						<b>24</b>

### SEMESTER – II

S. No.	Code	Courses	L	T	P	Credits
<b>Foundation Courses</b>						
1	PGC-702	Advanced Counselling: Therapies and techniques				4
2	PGC-704	Guidance: Role of Teachers and Parents				4
3	PGC-706	Basic Assessments: Evaluation and Record Maintenance				4
<b>Core Courses</b>						
4	PGC-752	Practicum & Viva Voce				4
5	PGC-762	Project/Disserattion				10
<b>Total</b>						<b>26</b>

## Course Outline of Post Graduate Diploma in Forensic Neuropsychology (PGDFNP)

Sl. No.	Semesters	Total Course Credits
1.	Semester -1	24
2.	Semester -2	26
<b>Total Programme's Credits</b>		<b>50</b>

### SEMESTER I

S. No.	Code	Courses	L	T	P	Credits
Foundation Courses						
1	PFN-701	Forensic Neuropsychology				4
2	PFN-703	Psychobiology of Criminal Behaviour				4
3	PFN-705	Psychological and Forensic Assessments				4
Core Courses						
4	PFN-751	Practicum & Viva Voce				4
5	PFN-753	Field Training & Case Report Writing				8
Total						24

### SEMESTER – II

S. No.	Code	Courses	L	T	P	Credits
Foundation Courses						
1	PFN-702	Criminal Behaviour and Mental Health				4
2	PFN-704	Forensic Investigative Methods				4
3	PFN-706	Forensic Formulation and Report Writing				4
Core Courses						
4	PFN-752	Practicum & Viva Voce				4
5	PFN-762	Project/ Dissertation				10
Total						26

# Course Outline of M. Phil. in Clinical Psychology Programme

## PART-I (I Year)

Group-A:						
S. No.	Code	Course Names	Class teaching	Academic Presentation	Field Posting	Credits
1	PSY-701	Psychosocial Foundation of Behaviour and Psychopathology	4	2	4	10
2	PSY-703	Biological Foundations of Behaviour	4	2	4	10
3	PSY-705	Psychiatry	4	2	4	10
4	PSY-751	Practicum (Psychological Assessments including Viva Voce)	4	2	4	10
Total						40
Group-B:						
<p><b>PSY-753: Psychodiagnostic Submission (08 Credits):</b> Five full-length Psychodiagnostic Records, out of which one record each should be related to, child and neuropsychological assessment. The records should include a summary of the clinical history organized under relevant headings, and a discussion on a) rationale for testing, b) areas to be investigated, c) tests administered and their rationale, d) test findings and e) impression.</p>						

## PART- II (II Year)

Group-A:						
S. No.	Code	Course Names	Class teaching	Academic Presentation	Field Posting	Credits
1	PSY-801	Psychotherapy and Counselling	4	2	4	10
2	PSY-803	Behavioral Medicine	4	2	4	10
3	PSY-805	Statistics and Research Methodology	4	-	-	04
4	PSY-851	Practicum (Psychological Therapies including Viva Voce)	4	2	4	10
Total						34
Group "B": PSY-853: Psychotherapeutic Submission (08 Credits):						
<p>Five fully worked-out Psychotherapy Records, out of which one should be child therapy record. The records should include a summary of the clinical history organized under relevant headings, and a discussion on a) reasons for intervention(s), b) areas to be focused including short and long-term objectives, c) type and technique of intervention employed and rationale, d) therapy processes, e) changes in therapy or objective, if any, and the reasons for the same, f) outcome, g) prevention strategies, f) future plans.</p>						
Group "C": PSY-861: Dissertation (10 Credits):						
<p>Under the guidance of a Clinical Psychology faculty member with Ph.D. or minimum 2-yr experience (post qualification) in clinical teaching or clinical research. If the research work is of interdisciplinary nature requiring input/supervision from another specialist, co-guide(s) from the related discipline may be appointed as deem necessary.</p>						